

[Click here to view linked References](#)

1	
2	
3	1 TITLE PAGE
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5	2 Original Article
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11	4 Expression of intelectin-1 in bronchial epithelial cells of asthma is correlated with
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14	5 T-helper 2 (Type-2) related parameters and its function
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19	7 Running head
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22	8 Intelectin-1 expressed in asthma and correlated with Type-2 inflammation.
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1
2
3 **43 Abstract**

4
5 **44 Background:** Intelectin-1 (ITLN-1) is secreted by intestinal goblet cells and detectable
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8 **45** in blood. Its expression is increased in IL-13-overexpressing mouse airways. However,
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11 **46** its expression and function in human airways is poorly understood.

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13 **47 Methods:** Distal and proximal bronchial epithelial cells (BECs) were isolated from
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16 **48** bronchoscopic brushings of disease control (D-CON), COPD, inhaled
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19 **49** corticosteroid-treated asthma (ST-Asthma) and inhaled corticosteroid-naïve asthma
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21 **50** (SN-Asthma) patients. *ITLN-1* mRNA expression in freshly isolated BECs, primary
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24 **51** cultured BECs with or without IL-13 and inhibition effects of mometasone furoate (MF)
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27 **52** were investigated by quantitative real-time PCR (qPCR). Correlations between *ITLN-1*
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30 **53** mRNA and Type-2 related parameters (e.g. FeNO, IgE, *iNOS*, *CCL26*, *periostin* and
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32 **54** *DPP4* mRNA) were analyzed. ITLN-1 protein distribution in asthmatic airway tissue
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35 **55** was assessed by immunohistochemistry. Bronchial alveolar lavage (BAL) and serum
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38 **56** ITLN-1 protein were measured by ELISA. The effect of recombinant human (rh)
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41 **57** ITLN-1 on stimulated production of CXCL10 and phospho(p)-STAT1 expression
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44 **58** examined in lung fibroblasts.

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46 **59 Results:** *ITLN-1* mRNA was expressed in freshly isolated BECs and was correlated
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49 **60** with Type-2 related parameters. ITLN-1 protein was increased in goblet cells in
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52 **61** SN-Asthmatics and increased in SN-Asthmatic BAL fluid. There were no any
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55 **62** differences in serum ITLN-1 concentration between ST and SN-Asthma. IL-13
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58 **63** enhanced ITLN-1 expression and inhibited by MF from BECs *in vitro*, while rhITLN-1
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61 **64** inhibited CXCL10 production and p-STAT1 expression in HFL-1 cells.

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65 **Conclusion:** ITLN-1 is induced by IL-13 and expressed mainly in goblet cells in
66 untreated asthma where its levels correlate with known Type-2 related parameters.
67 Further, ITLN-1 inhibits Type-1 chemokine expression.

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69 **Keywords:**

70 Intelectin-1, bronchial asthma, bronchial epithelial cells, IL-13, Type-2 related
71 parameters.

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3 **73 Background**
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6 74 Asthma affects nearly 300 million people worldwide but is a heterogeneous disorder
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8 75 comprised of different inflammatory characteristics. Type-2 cytokines (specifically,
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10 76 interleukin (IL) -4, IL-5, and IL-13) are known to play a substantial pathobiological role
11
12 77 in many cases. These cytokines, including IL-13 contribute to a Type-2-high molecular
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14 78 asthma phenotype in about 50% of patients with asthma, and are widely believed to play
15
16 79 important roles in asthma pathophysiology[1-7]. Furthermore, IL-13-induced
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18 80 periostin[8] and DPP4 can be measured in peripheral blood and are used as biomarkers
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20 81 to predict the efficacy of anti-IL-13 antibodies in human asthma patients [9-11].
21
22 82 Intelectin-1 (ITLN-1) was cloned in 1998 by Komiya et al. from the murine intestinal
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24 83 tract[12]. Human ITLN-1 is a prophylactic soluble lectin discovered that recognizes
25
26 84 galactofuranose in the bacterial cell wall [13]. The expression of ITLN-1 in the
27
28 85 gastrointestinal tract is strongly induced by parasitic infections [14, 15], suggesting that
29
30 86 it is associated with prophylaxis in the gastrointestinal tract. ITLN-1 has been primarily
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32 87 studied in the gastrointestinal tract where it is expressed in intestinal goblet cells,
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34 88 primarily from fetal small intestine. It is detected in blood and can be measured
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36 89 intraluminally as well [16]. ITLN-1 is increased in the airways of IL-13-overexpressing
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38 90 mice, where it appears to be a protein component of mucus associated with intense
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40 91 eosinophilic airway inflammation[17, 18]. However, its expression and role in human
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42 92 asthmatic airways is poorly understood. ITLN-1 was also reported as one of the
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44 93 adipocytokine with anti-inflammatory effects [19]. CXCL10 is a chemokine that attracts
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46 94 T-helper (Th)1 cells [20] and strongly induced by IFN γ . When viral infection occurs,
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95 viral recognition receptors, such as Toll-like receptor 3 (TLR3) expressed on BECs, are
96 activated to produce inflammatory cytokines and chemokines, including CXCL10 [21].
97 Autocrine activation of interferon (IFN) receptors further activates Janus kinase-Signal
98 Transducers and Activator of Transcription (JAK-STAT) signaling pathway, promoting
99 an antiviral state. Moreover, fibroblasts produce type I IFN and CXCL10 after
100 stimulation with double stranded RNA, perhaps contributing to the pathogenesis of viral
101 infections. Little knowledge exists concerning how the fibroblasts respond to ITLN-1
102 and which signaling pathways might be involved.
103 We hypothesized that whether ITLN-1 was induced by IL-13 and correlated to type-2
104 related markers and inhibited Th1 signaling pathway. In this study, we evaluated *ITLN-1*
105 mRNA and protein expression in airway cells, tissue and fluid from asthma, COPD, and
106 disease control subjects obtained via bronchoscopy. BAL and serum ITLN-1 levels were
107 also measured. We compared expression of *ITLN-1* mRNA with various Type-2 related
108 parameters. Finally, we investigated a possible function of ITLN-1 in the airways.

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3 110 **Methods**

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5 111 **Study population**

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8 112 We conducted a retrospective study of 61 patients who visited the Department of
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11 113 Pulmonary Medicine and Clinical Immunology of Dokkyo Medical University Hospital
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13 114 from June 2009 to March 2014 (Table 1a). Bronchial brushings were performed to
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15
16 115 analyze the expression levels of *ITLN-1* mRNA. Transbronchial lung biopsy (TBLB)
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18 116 and endobronchial biopsy (EBB) were performed. All subjects met the American
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20
21 117 Thoracic Society criteria for asthma and had a pre-bronchodilator FEV1 greater than
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24 118 80% of predicted with an FEV1/FVC greater than 70%. The ST-Asthma group was
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27 119 regularly treated with inhaled corticosteroids (ICS), while the Steroid Naïve
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29 120 (SN)-Asthma group had symptoms, such as cough with wheezing and night time
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31
32 121 dyspnea, but had not been treated with ICS or oral corticosteroid (OCS) for at least 6
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35 122 months. Patients were defined as having COPD if the forced expiratory volume in 1
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37 123 second (FEV1)/forced vital capacity (FVC) (FEV1/FVC) was <70% with fixed
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40 124 bronchial obstruction after bronchodilator. Disease control subjects (D-CON) were
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43 125 defined as those without asthma/COPD who had undergone bronchoscopy because of
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45 126 abnormal chest X-ray shadows. Lung cancer was found in most of D-CON and COPD
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48 127 patients by bronchoscopy. D-CON (as opposed to healthy control) participants were
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51 128 studied, as research bronchoscopy on healthy individuals is not allowed in Japan.
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53 129 Written informed consent was obtained from all participants to perform the procedure
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56 130 and utilize extra tissue/cells for research purposes. This study was approved by the
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58 131 Ethics Committee of Dokkyo Medical University School of Medicine (hop-m22095).
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3 **132 Bronchoscopy with bronchial epithelial cell brushing**

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5 133 Bronchial brushings were performed with a standard, sterile, single-sheathed nylon
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8 134 cytology brush (Olympus T-260; Olympus, Tokyo, Japan). A total of 4 brushings were
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11 135 performed in the distal and proximal airways. Distal bronchial epithelial cells (BECs)
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13 136 were obtained from airways situated about 1 cm away from the pleura, as identified by
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16 137 X-ray guidance[7]. Proximal BECs were collected by scraping directly from the second
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19 138 carina. TBLB and EBB were available from a small number of participants for *ITLN-1*
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21 139 expression by immunohistochemistry. Total 18 subjects (5 ST-Asthma and 13
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24 140 ST-Asthma) were able to collect bronchial alveolar lavage (BAL).

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29 **142 Quantitative real-time PCR**

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32 143 Expression of *ITLN-1*, *iNOS*, *CCL26*, *periostin* and *DPP4* mRNA in BECs and the
33
34 144 expression of *CXCL10* mRNA in HFL-1 cells were following reverse transcription (RT),
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37 145 and then real-time quantitative SYBR Green fluorescent PCR, as described previously
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40 146 [2, 3, 7]. First-strand cDNA was synthesized using the PrimeScript RT reagent Kit
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43 147 (Takara Bio Inc., Shiga, Japan) with both oligo (dT) primers and random hexamers.
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45 148 Reverse transcription was performed with a Takara PCR Thermal Cycler MP (TP3000).
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48 149 The following are the primer sequences used for amplification of *ITLN-1*, *iNOS*, *CCL26*,
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50 150 *periostin*, *DPP4*, *CXCL10*, and *GAPDH*:

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53 151 *ITLN-1*: forward primer, TGAGGGTCACCGGATGTAAC,

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55 152 reverse primer, GGACTGGCCTCTGGAAAGTA.

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58 153 *iNOS*: forward primer, GACCAGTACGTTTGGCAATG,

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154 reverse primer, TTTCAGCATGAAGAGCGATTT.

155 *CCL26*: forward primer, GCTGCTTCCAATACAGCCACA,

156 reverse primer, TCCTTGGATGGGTACAGACTTTC.

157 *periostin*: forward primer, TGTTGCCCTGGTTATATGAGAA,

158 reverse primer, ACATGGTCAATGGGCAAAAAC.

159 *DPP4*: forward primer, GCACGGCAACACATTGAA,

160 reverse primer, TGAGGTTCTGAAGGCCTAAATC.

161 *CXCL10*: forward primer, GAAAGCAGTTAGCAAGGAAAGGT,

162 reverse primer, GACATATACTCCATGTAGGGAAGTGA.

163 *GAPDH*: forward primer, GCACCGTCAAGGCTGAGAAC,

164 reverse primer, TGGTGAAGACGCCAGTGGA.

165 The 12.5 μ L PCR reaction contained 2 μ L of cDNA template, 25 μ M in 0.5 μ L each

166 forward and reverse primers and 6.25 μ L of SYBR Premix Ex Taq (Takara). *GAPDH*

167 was evaluated by using the same PCR protocol as for the interest genes-related pathway

168 elements. DNA was amplified for 40 cycles via denaturation for 5 s at 95 °C and

169 annealing for 30 s at 60 °C, using the Takara Thermal Cycler Dice (TP900). PCR assays

170 were performed and analyzed using the Thermal Cycler Dice Real Time System version

171 4.2 (Takara Bio Inc). The specificity of the reactions was determined by melting curve

172 analysis. The relative expression of each gene of interest and *GAPDH* were calculated

173 using the $\Delta\Delta$ Ct method.

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175 **Correlations between Type-2 related parameters and ITLN-1 expression**

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3 176 FeNO was measured before bronchoscopy at a flow rate of 50 mL/s using the nitric
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5 177 oxide analyzer (NOA) 280i® (Sievers, CO). Correlations between FeNO, serum IgE
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8 178 (measured in the hospital's clinical lab.) and *ITLN-1* mRNA expression in distal and
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11 179 proximal BECs from both ST and SN-Asthma subjects were analyzed. We also
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13 180 measured correlations between *ITLN-1* mRNA and *iNOS*, *CCL26*, *periostin* and *DPP4*
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16 181 mRNA in distal and proximal BECs from the same subjects.
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20 21 183 **Immunohistochemistry**

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24 184 Transbronchial lung biopsies (TBLB) and EBB from SN-Asthma, D-CON and
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26 185 ST-Asthma subjects were fixed in formalin. Serial 4 µm sections were immunostained
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29 186 using a rabbit polyclonal antibody against ITLN-1 (1:500) (Abcam, MA) with Dako
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32 187 EnVision™ FLEX Mini Kit High pH detection system including secondary anti-rabbit
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35 188 antibody for detection.
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38 39 40 190 **Quantification of ITLN-1 and CXCL10 protein by ELISA**

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42 191 BAL fluid from 18 asthma subjects, 5 ST-Asthma and 13 SN-Asthma (Table 1b) and
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45 192 serum from 6 ST-Asthma, and 10 SN-Asthma subjects (Table 1c) was collected. There
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48 193 was a little overlap in 3 study groups. Cell culture supernatants were performed on
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51 194 ALI cultured BECs and HFL-1 cells. ITLN-1 (Immuno-Biological Laboratories Co.,
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53 195 Gunma, Japan) or CXCL10 (R&D Systems, Minneapolis, MN) were measured by
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56 196 commercial sandwich ELISAs. Assay ranges are 0.31- 20 ng/ml for ITLN-1 and 7.8-500
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59 197 pg/ml for CXCL10, respectively.
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5 199 **Culture methods for primary BECs and HFL-1 cells**

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8 200 Freshly isolated BECs were seeded into 60 mm tissue-culture dishes coated with rat-tail
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10 201 type I collagen (BD Discovery Labware, Bedford, MA) in bronchial epithelial growth
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12 202 medium (catalog no. CC-3170, Lonza) in a humidified HEPA-filtered cell culture
13
14 203 incubator, supplemented with 5% CO₂. When the BECs reached 80% confluence, cells
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16 204 were passaged and seeded onto collagen-coated polyester 12-well Transwell inserts with
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18 205 BEBM/DMEM. When the cell layer reached 100% confluence in the transwells, the
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20 206 culture method was shifted to the air-liquid interface (ALI) condition by removing the
21
22 207 apical medium and maintain this condition for 10 days [4, 22]. BECs were stimulated
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24 208 with or without IL-13 (10ng/ml), purchased from Peprotech (Rocky Hill, NJ) and
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26 209 Mometasone Furoate (MF) at a concentration of 1μM (Sigma St Louis, MO).
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29 210 Human fetal lung fibroblasts (HFL-1; lung, diploid, human, passage 3–7) were obtained
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32 211 from the American Type Culture Collection (Manassas, VA). HFL-1 cells were seeded
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34 212 into 24-well tissue culture plates at a density of 4×10^4 cells/well and cultured at 37 °C
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36 213 in a 5% CO₂-humidified incubator in Ham's F12K medium (Sigma, St Louis, MO)
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38 214 containing 10% heat inactivated FBS. Cells were pretreated with recombinant human
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40 215 ITLN-1 (rhITLN-1) (ATGen, Gyeonggi-do, South Korea) at concentrations up to 500
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42 216 ng/mL for 30 min and then further stimulated with a combination with TNF-α, IL-1β,
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44 217 and IFN-γ at 10 ng/mL (PeproTech, Rocky Hill, NJ). Cell-culture supernatants and
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46 218 extracts were harvested 24 h later.

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3 **220 Western blot analysis for phospho-STAT1**

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5 221 Protein samples (10 µg) from HFL-1 were resolved on NuPage Novex 4-12% Bis-Tris
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8 222 gel (Thermo Fisher Scientific, MA) electrophoresis, transferred, and immunoprobed
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11 223 with mouse monoclonal antibody for p-STAT1, total STAT1 (t-STAT1) (1:1000 and
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13 224 1:500 reselectively, Cell Signaling Technologies Inc. MA). Alkaline phosphatase
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16 225 conjugated secondary antibody (Thermo Fisher Scientific) was followed by
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18 226 Chemiluminescent detection (ChemiDoc XRD-J Bio-Rad Laboratories, Inc., CA).
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21 227 Densitometry was performed using the Quantity One (Bio-Rad) and p-STAT1 indexed
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24 228 to t-STAT1.

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29 **230 Statistical analysis**

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31 231 Variables were checked for normality of distribution. As the majority of data were not
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34 232 normally distributed, data were analyzed using nonparametric tests. The Kruskal–
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37 233 Wallis version of the Wilcoxon rank sum test was used to compare overall differences
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40 234 among the groups (the overall p-value). When the overall p-value was <0.05, intergroup
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43 235 comparisons were done using the Wilcoxon test for multiple comparisons. All other
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45 236 normal distributed data were analyzed using paired t-tests compared control and
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48 237 stimulated responses. P-values <0.05 were considered significant. Linear regression
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51 238 analysis was used to determine the correlation with Type-2 related parameters and
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53 239 *ITLN-1* mRNA. The statistical software used was the JMP version 10 (SAS Institute,
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3 **242 Results**

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5 **243 Subjects**

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8 244 Thirteen ST-Asthma, 18 SN-Asthma, 13 D-CON and 17 COPD subjects underwent
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10 245 bronchoscopic airway brushing (Table 1a). D-CON and COPD were older than ST or
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12 246 SN-Asthma subjects (*p<0.0001, ***p<0.05). FEV1/FVC and %FEV1 in COPD were
13
14 247 lower than in D-CON, ST and SN-Asthma (*p<0.0001). FeNO was significantly higher
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16 248 in SN-Asthma than the other groups (*p<0.0001). Mean ICS dose are represented
17
18 249 Beclometasone dipropionate (BDP) equivalent dose. Two subjects were using OCS
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20 250 (prednisolone 5mg /day). Not all subject's cells were available for every experiments
21
22 251 due to the limited numbers of epithelial cells obtained at the time of brushing. Table 1b
23
24 252 includes 5 ST and 13 SN-Asthma who underwent BAL. FeNO in SN-Asthma tended to
25
26 253 higher than ST-Asthma but this was not significant because of limited sample numbers
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28 254 (p=0.08). Blood sample was collected from 6 ST-Asthma and 10 SN-Asthma
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30 255 participants (Table 1c). FeNO in SN-Asthma were significantly higher than SN-Asthma
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32 256 (**p<0.01).

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45 **258 *ITLN-1* mRNA expression in freshly isolated BECs and correlation with Type-2**
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47 **259 related parameters in steroid naïve asthma**

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50 260 The mean counts of freshly isolated BECs from all the subjects were $4.4 \pm 0.6 \times 10^5$ from
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52 261 distal, and $4.9 \pm 1.1 \times 10^5$ from proximal (4 brushes each) brushings. They were over
53
54 262 90% pure and 80% viable. *ITLN-1* mRNA expression in freshly isolated BECs was
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56 263 significantly higher in the SN-Asthma group than in the other groups in both distal and
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3 264 proximal airway samples (overall $p < 0.0001$). There were no differences in *ITLN-1*
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5 265 mRNA levels between distal and proximal samples among the groups (Figure 1).
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8 266 Positive correlations were seen between *ITLN-1* mRNA expression in the distal BECs
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11 267 and FeNO and IgE in SN-Asthma patients (Figure 2a: $r = 0.84$, $p < 0.0001$, $N = 16$ and
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13 268 Figure 2b $r = 0.79$ $p = 0.0002$, $N = 16$, respectively). *ITLN-1* mRNA was also positively
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15 269 correlated with *iNOS*, *CCL26*, *periostin* and *DPP4* mRNA (Figure 2c, d, e, and f),
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17 270 respectively. *ITLN-1* mRNA and peripheral blood eosinophil numbers were marginally
18
19 271 correlated ($r = 0.49$ $p = 0.0556$, $N = 16$, data not shown.). In proximal BECs, *ITLN-1*
20
21 272 mRNA was also correlated with FeNO, *iNOS*, *CCL26* and *periostin* mRNA. In contrast,
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23 273 in ST-Asthma, *ITLN-1* mRNA expression was low and there were no correlations with
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25 274 any Type-2 related parameters (Supplemental Data Table 1).
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33 34 276 **ITLN-1 appears to be primarily expressed by goblet cells**

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37 277 Immunostaining of a small number of distal airway biopsy sections indicated that
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39 278 ITLN-1 protein was strongly expressed in goblet cells and weakly in brush border.
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41 279 Figure 3a shows representative staining from 3 SN-Asthma subjects stained with
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43 280 ITLN-1 antibody and isotype control IgG (Figure 3b). Figure 3c (ITLN-1) and d (IgG)
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45 281 were from D-CON, and Figure 3e (ITLN-1) and f (IgG) were representative staining
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47 282 from 3 ST-Asthma subjects after ICS (mometasone furoate; MF) treatment. Figure 3e
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49 283 and f was same subject with Figure 3a and b after ICS treatment. Unfortunately, there
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51 284 were not enough biopsies of sufficient quality to evaluate differences among groups.
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56 285 Figure 3g shows *ITLN-1* mRNA expressions in freshly isolated BECs samples in series
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3 286 of before and after ICS (MF) treatment in 3 of same patients with 5 samples. Closed
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5 287 circle represent distal BECs and open diamonds are proximal BECs. In spite of limited
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8 288 sample numbers, *ITLN-1* mRNA significantly decreased after ICS treatments.
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13 290 ***ITLN-1* protein in BAL and serum**

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16 291 *ITLN-1* was detected in BAL and higher in SN-Asthma than ST-Asthma cases, although
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18 292 the concentrations were very low (Figure 4a). In contrast, *ITLN-1* was easily detected in
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21 293 serum in ST and SN-Asthma cases. Unexpectedly, there was no difference between the
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24 294 ST and SN-Asthma groups ($p=0.21$) in Figure 4b.
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29 296 ***ITLN-1* mRNA and protein is induced by IL-13 in primary cultured BECs**

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32 297 *ITLN-1* mRNA expression and protein were measured with or without IL-13 stimulation
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34 298 (10 ng/mL) in primary human BEC derived from both ST and SN-Asthma cultured in
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37 299 ALI. *ITLN-1* mRNA expression and protein were significantly enhanced by IL-13
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40 300 stimulation (Figure 5a and b). However, amount of *ITLN-1* mRNA was very low
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43 301 compared with freshly isolated BECs. Interestingly, *ITLN-1* protein was detected only
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45 302 in apical supernatant. There were no differences in *ITLN-1* mRNA or protein expression
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48 303 between SN-Asthma and ST-Asthma groups after IL-13 stimulation (Supplemental data
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51 304 Figure 1a and b). Figure 5c and d show the inhibition effect of MF for induced *ITLN-1*
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53 305 mRNA and protein by IL-13. MF inhibited IL-13 induced *ITLN-1* mRNA significantly,
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56 306 and modest inhibition effect for *ITLN-1* protein.
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3 **308 CXCL10 mRNA and protein expression in HFL-1 cells is inhibited by ITLN-1**

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5 309 To determine whether the Type-2 associated ITLN-1 could functionally inhibit Type-1
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8 310 associated inflammation, CXCL10 expression was induced by the combination of
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11 311 TNF- α , IL1 β and IFN- γ (Cytomix) in HFL-1 cells and the inhibitory effects of ITLN-1
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13 312 was evaluated (Figure 6a and b). ITLN-1 (500 ng/mL) alone did not affect CXCL10
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16 313 expression or production. However, ITLN-1 pretreatment (30 min) reduced
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19 314 Cytomix-induced CXCL10 mRNA and protein in a concentration-dependent manner. To
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21 315 investigate intracellular signal transduction, we examined STAT1 as a signal
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24 316 transduction pathway of IFN- γ . ITLN-1 decreased cytomix induced p-STAT1 at 5 and
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27 317 15 min (p=0.0006, p=0.0063, respectively), supporting an inhibitory effect on this
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30 318 pathway.

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3 **320 Discussion**

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6 321 In this study, ITLN-1 was induced by IL-13 and mainly expressed in goblet cells of the
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8 322 distal and proximal airways in SN-Asthma patients. In the SN-Asthma group, *ITLN-1*
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10 323 mRNA correlated with FeNO, IgE, *iNOS*, *CCL26*, *periostin* and *DPP4* mRNA, all
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12 324 Type-2 related parameters. Finally, our results suggest that ITLN-1 might lead to
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15 325 Type-2-bias by attenuating IFN- γ signaling.

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18 326 Kupermann et al. reported that ITLN-1 increased in an asthma model and in BECs from
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21 327 asthma subjects [17]. Similar to our data (Figure 5a and b), Zen et al. showed that
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24 328 ITLN-1 expression increased in NHBE cells stimulated by IL-13 and in the lungs of
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26 329 mice after intranasal IL-13 administration and found ITLN-1 among the induced genes
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29 330 [23]. Gu et al. reported that ITLN-1 is required for expression of IL-13-induced
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32 331 monocyte chemotactic protein (MCP)-1 and -3 in lung epithelial cells and promotes
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35 332 allergic airway inflammation [24]. Thus, ITLN-1 appears to be strongly related to
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37 333 Type-2 inflammation *in vitro* and *in vivo*. However, no reports have compared ITLN-1
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40 334 with other asthma biomarkers or revealed its function in human asthma.

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43 335 In this study, *ITLN-1* mRNA significantly correlated with FeNO and serum IgE, as well
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45 336 as *iNOS*, *CCL26*, *periostin* and *DPP4* mRNA in SN-Asthma, as these genes are known
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48 337 to be induced in BECs stimulated with IL-13. Kerr et al. showed that ITLN-1 in sputum
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51 338 is significantly higher in eosinophil-high groups, supporting an association of ITLN-1
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53 339 with Type-2-high asthma [18]. Immunostaining showed that ITLN-1 protein was
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56 340 expressed in BECs, and suggested it was particularly expressed in goblet cells. The
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59 341 expression levels closely resembled those in intestinal epithelial cells published in
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3 342 previous reports [15, 18].
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5 343 As Figure 1 shows, *ITLN-1* mRNA expression was significantly higher in freshly
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8 344 isolated BECs from the SN-Asthma group than in the other groups, we hypothesized
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11 345 that ITLN-1 in BAL or more importantly in serum, could be a useful asthma biomarker.

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13 346 Comparing SN-Asthma and ST-Asthma groups only. BAL-ITLN-1 was detected at low
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16 347 levels (range 0.5 to 9.6 ng/mL), and was significantly higher than in SN-Asthma as
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19 348 compared to ST-Asthma (Figure 4a). However, BAL fluid collection is invasive,
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22 349 therefore we evaluated serum for ITLN-1. ITLN-1 was abundant in serum (range 77.3
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24 350 to 385 ng/mL); but serum ITLN-1 was indistinguishable between ST-Asthma and
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27 351 SN-Asthma patients. This could be because systemic ITLN-1 may originate primarily
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30 352 from the intestinal tract or other organs as opposed to the airways. Moreover, ITLN-1 is
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32 353 expressed in goblet cells and mainly released into the lumens of the airways, such that
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35 354 the amount derived from the airways is not likely to reflect the serum ITLN-1. Thus, it
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37 355 does not appear that serum ITLN-1 will be a valid asthma biomarker.

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40 356 As described earlier, ITLN-1 is a protective lectin against parasites and microorganisms.
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43 357 Suzuki et al. reported that ITLN-1 is a receptor of lactoferrin which helps to protect
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45 358 against infections[25]. It has been reported that ITLN-1 is expressed in the brush border
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48 359 of intestinal cells and binding of lactoferrin results in activation of signal transduction
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51 360 pathways that control infections. However, data on lactoferrin expression are
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54 361 controversial, with Kerr et al. also reporting increases in lactoferrin asthmatic
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56 362 sputum, while a recent gene array data suggested lower mRNA expression in asthma,
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59 363 particularly Type-2/severe asthma [18, 26]. Thus, further studies are needed to better
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3 364 understand the interactions between ITLN-1 and lactoferrin in asthma.

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5 365 We also wished to examine the potential functions of ITLN-1 in the airway particularly

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8 366 in relation to Type-1 inflammation. Previously, it was reported that ITLN-1 was one of

9
10 367 an adipokine with anti-inflammatory effect [19]. CXCL10 (IP-10) is strongly induced

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12 368 by IFN- γ and is a biomarker of Th1/Type-1 inflammation[27]. We hypothesized that

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14 369 ITLN-1 might skew cellular responses away from Type-1 pathways. Thus, we

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16 370 investigated whether rhITLN-1 could inhibit CXCL10 expression after stimulation with

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18 371 cytomix. ITLN-1 significantly inhibited cytomix induced CXCL10 in HFL-1 cells in a

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20 372 concentration-dependent manner, accompanied by a decrease in phosphorylation of

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22 373 STAT1. These results suggest that ITLN-1 could contribute to a Type-2-high bias in

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24 374 asthmatic airways.

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26 375 The study limitations include the clinical/observational nature of the study which did

27
28 376 not include specific bronchodilator responsiveness testing or methacholine challenge to

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30 377 confirm the asthma diagnosis, particularly in the mild steroid naïve patients.

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32 378 However, despite this lack of objective data, differences in epithelial ITLN-1 expression

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34 379 were apparent on the basis of steroid treatment and in relation to known Type-2 related

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36 380 parameters. We also lacked a true healthy control group. However, it is difficult to

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38 381 perform bronchoscopies in healthy individuals in Japan. Finally, these studies were

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40 382 done as add-on research studies to clinically indicated bronchoscopies in all patients.

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42 383 Therefore, the availability of BAL and tissue samples was limited to a small number of

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44 384 patients.

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3 **386 Conclusions**

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5 387 ITLN-1 is expressed in untreated asthmatic bronchial epithelial cells, particularly in
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8 388 goblet cells, in association with Type-2 related parameters. However, it appears to be
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11 389 suppressed by corticosteroids *in vivo*, and epithelial ITLN-1 does not appear to
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14 390 contribute substantially to serum levels, making it unsuitable as a Type-2 asthma
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16 391 biomarker. Its true role in asthma requires further study, perhaps in association with
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19 392 lactoferrin, but it has the potential to further skew inflammation away from Type-1 and
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21 393 towards a Type-2 process.

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26 **395 List of Abbreviations**

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29 396 ITLN-1: intelectin-1

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32 397 rhITLN-1: recombinant human ITLN-1

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34 398 BECs: bronchial epithelial cells

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37 399 FeNO: fractional exhaled nitric oxide

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40 400 DPP4: dipeptidyl peptidase-4

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42 401 iNOS: inducible nitric oxide synthase

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45 402 CCL26: Chemokine ligand 26

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47 403 D-CON: disease control

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50 404 ICS: inhaled corticosteroid

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52 405 OCS: oral corticosteroid

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55 406 SN-Asthma: ICS-naïve bronchial asthma

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58 407 ST-Asthma: ICS-treated bronchial asthma
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408 TBLB: transbronchial lung biopsy

409 EBB: endobronchial biopsy

410 BAL: bronchial alveolar lavage

411 ALI: air-liquid interface

412 HFL-1: human fetal fibroblasts

413 CXCL10: C-X-C motif chemokine 10

414 STAT1: Signal Transducer And Activator Of Transcription 1

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416 **Declarations**

417 **Ethics approval and consent to participate**

418 This study was approved by the Ethics Committee of Dokkyo Medical University
419 School of Medicine (hop-m22095). Written informed consent was obtained from all
420 participants to perform the procedure and utilize extra tissue/cells for research purposes.

421 **Consent for publication**

422 Not applicable.

423 **Availability of data and material**

424 Datasets and materials are available on request by contacting the corresponding author
425 Kazuyuki Chibana (kchibana@dokkyomed.ac.jp).

426 **Competing of interests**

427 The authors declare no conflict of interest associated with this manuscript.

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430 (No.2013-16).

431 **Author's contributions**

432 TW, KC, TS, TR, RK, YN, RA, YH, and AT carried out sampling BECs and PCR
433 studies, and drafted the manuscript. TW, KC, YH and TS carried out the immunoassays.
434 TW, KC, YS, SW and YI participated in the design of the study and performed the
435 statistical analysis. TW, KC, TF, SW and YI conceived of the study, and participated in
436 its design and coordination and helped to draft the manuscript. All authors read and
437 approved the final manuscript.

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442 PhD., TR, RK, YN: M.D., Research associate, YH: BS, Research associate, YS: MD,
443 PhD, Assistant professor, AT: M.D., PhD., Associate Professor, TF: M.D., PhD., former
444 Professor, SW: M.D., Professor, YI: M.D., PhD., Professor.

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3 **552 Figure legends**

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5 **553 Figure 1. *ITLN-1* mRNA expression in freshly isolated BECs from each group by**
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8 **554 qPCR**

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10 **555** *ITLN-1* mRNA was significantly enhanced in freshly isolated distal and proximal BECs
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13 **556** in SN-Asthma ($p < 0.01$) compared with other groups. Intergroup comparisons were done
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16 **557** using the Wilcoxon test for multiple comparisons.
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18 **558**
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21 **559 Figure 2. Correlation between *ITLN-1* mRNA and Type-2 related parameters in**
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24 **560 the distal airways in SN-Asthma patients**

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26 **561** *ITLN-1* mRNA showed significant correlation with FeNO (a. $r = 0.84$, $p < 0.0001$), IgE (b.
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29 **562** $r = 0.79$, $p = 0.0002$) *iNOS* (c. $r = 0.66$, $p = 0.0058$), *CCL26* (d. $r = 0.85$, $p < 0.0001$), *periostin*
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31 **563** (e. $r = 0.69$, $p = 0.0028$) and *DPP4* (f. $r = 0.60$, $p = 0.0188$) mRNA, respectively.
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34 **564**
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37 **565 Figure 3. Immunohistochemistry of *ITLN-1* expression in airway tissue**

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40 **566** Representative distal BECs of SN-Asthma (a and b), D-CON (c and d) and ST-Asthma
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42 **567** (e and f) samples were stained with anti-*ITLN-1* antibody (a, c and e) and IgG isotype
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45 **568** control (b, d and f). The fields are 200 magnificant and antibodies are 1:500 diluted,
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48 **569** respectively. *ITLN-1* staining is mainly in the goblet cells in SN-Asthma.
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50 **570** g. *ITLN-1* mRNA expressions before and after ICS (MF) treatment from 3 of same
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53 **571** patients with 5 samples. Closed circle represent distal BECs and open diamonds are
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56 **572** proximal BECs. Comparisons were done using the Wilcoxon test.
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3 **574 Figure 4. ITLN-1 concentration in BAL and Serum**

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6 **575** (a). ITLN-1 concentration from BAL samples. ITLN-1 concentration was low (0.5-11.3,
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8 **576** mean 2.4 ng/ml) but detectable by ELISA. ITLN-1 is higher in SN-Asthma (n=13) than
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11 **577** in ST-Asthma (n=5) subjects (p=0.0382, Wilcoxon test).

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13 **578** (b) Serum ITLN-1 concentration is abundant (77.3 to 385 ng/ml, mean 203.7 ng/ml).
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16 **579** Serum ITLN-1 is no difference between ST and SN-Asthma subjects (p=0.21, Wilcoxon
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19 **580** test).

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24 **582 Figure 5. *ITLN-1* mRNA expression and protein production induced by IL-13 in**
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26 **583 primary cultured BECs *in vitro***

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29 **584** (a) *ITLN-1* mRNA expression with or without IL-13 stimulation, in BECs from
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32 **585** combined ST and SN-Asthma patients (p<0.0001).

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34 **586** (b) ITLN-1 protein production enhanced with or without IL-13 stimulation, in BECs
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37 **587** from combined ST and SN-Asthma patients (p<0.0001).

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40 **588** (c) Inhibitory effect of MF (1 μ M) induced *ITLN-1* mRNA expression by IL-13
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43 **589** stimulation combined with ST and SN-Asthma subjects. MF significantly decreased
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45 **590** *ITLN-1* mRNA expression (p=0.0242).

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48 **591** (d) MF inhibited modestly induced ITLN-1 protein production from BECs from ST and
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51 **592** SN-Asthma.

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53 **593** Comparisons were done using the Wilcoxon test.

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58 **595 Figure 6. Expression of CXCL10 stimulated by TNF- α , IL-1 β and IFN- γ and**

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3 **596 inhibition effect by pre-incubated ITLN-1**
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6 597 30 minutes pre-incubated by ITLN-1 inhibited expression of *CXCL10* mRNA (a) and
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8 598 *CXCL10* protein (b) in HFL-1 stimulated by cytomix (TNF- α , IL-1 β and IFN- γ , 10
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10 599 ng/ml each). (a) ITLN-1 at a concentration of 500ng/ml inhibited cytomix induced
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12 600 *CXCL10* mRNA (p= 0.0136). (b) ITLN-1 at a concentration of 250 and 500ng/ml
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14 601 inhibited cytomix induced *CXCL10* protein (p<0.0001 and p=0.0113, respectively).
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17 602 (c) Phospho (p)-STAT1/total (t)-STAT1 level stimulated by cytomix and pre-incubated
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19 603 ITLN-1 in HFL-1. Phospho (p)-STAT1/t-STAT1 level was increased at 5 and 15 min, 30
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21 604 minutes pre-treated ITLN-1 was signify inhibited phosphorylation of STAT-1 (p=0.0006
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24 605 at 15 min and p=0.0063 at 5min).
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3 **607 Supplemental Data**

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5 **608 Figure 1. *ITLN-1* mRNA expression and protein production induced by IL-13 in**
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8 **609 primary cultured BECs *in vitro*.**

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11 610 (a) *ITLN-1* mRNA expression with or without IL-13 stimulation, in BECs from both ST
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13 611 and SN-Asthma patients ($p < 0.001$).

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16 612 (b) *ITLN-1* protein production enhanced with or without IL-13 stimulation, in BECs
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18 613 from both ST and SN-Asthma patients ($p < 0.02$).

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21 614 There are no significant differences for *ITLN-1* mRNA expression and *ITLN-1* protein
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24 615 between ST-Asthma and SN-Asthma groups stimulated by IL-13. Comparisons were
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26 616 done using the Wilcoxon test.

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Table 1a. Total subjects in this study.

	N	Age	M : F	FEV1/FVC (%)	%FEV1 (%)	FeNO (ppb)	ICS (μg)	OCS use	Smoker (N:E:C)
D-CON	13	61 \pm 5***	11 : 2	78 \pm 2	93 \pm 3	27 \pm 3	0	0	4 : 8 : 1
COPD	17	72 \pm 2*	14 : 3	50 \pm 4*	57 \pm 6*	32 \pm 7	0	0	1 : 7 : 9
ST-Asthma	13	51 \pm 4	10 : 3	73 \pm 5	88 \pm 6	45 \pm 5	723 \pm 86	2	3 : 8 : 2
SN-Asthma	18	48 \pm 4	13 : 5	73 \pm 3	83 \pm 3	129 \pm 22*	0	0	6 : 10 : 2

Table 1b. Subjects for analysis of BAL ITLN-1 protein.

	N	Age	M : F	FEV1/FVC (%)	%FEV1 (%)	FeNO (ppb)	ICS (μg)
ST-Asthma	5	53 \pm 4	4 : 1	81 \pm 3	90 \pm 8	53 \pm 11	520\pm120
SN-Asthma	13	51 \pm 4	10 : 3	71 \pm 3	82 \pm 4	124 \pm 23	0

Table 1c. Subjects for analysis of serum ITLN-1 protein.

	N	Age	M : F	FEV1/FVC (%)	%FEV1 (%)	FeNO (ppb)	ICS (μg)
ST-Asthma	6	53 \pm 6	3 : 3	80 \pm 5	96 \pm 6	42 \pm 31	800\pm126
SN-Asthma	10	43 \pm 5	8 : 2	77 \pm 4	86 \pm 5	147 \pm 24*	0











