

Table 1. Characteristics of the study population and drug treatments

	Healthy subjects (n = 90)	Patients with CAD (n = 41)	<i>P</i> -value
Age (years)	54.0 ± 11.5	64.1 ± 10.2	<0.01
Sex (male/female)	35/56	31/10	<0.05
Height (cm)	160.4 ± 9.1	161.9 ± 9.6	n.s.
Weight (kg)	59.0 ± 11.5	65.6 ± 10.1	<0.01
BMI	22.8 ± 2.7	25.0 ± 3.2	<0.01
SBP (mmHg)	125.0 ± 14.2	140.9 ± 18.0	<0.01
DBP (mmHg)	79.2 ± 10.6	84.0 ± 12.0	<0.05
HR (bpm)	66.7 ± 10.4	66.1 ± 12.3	n.s.
Total cholesterol (mg/dL)	213.5 ± 31.3	170.3 ± 31.0	<0.01
LDL cholesterol (mg/dL)	127.1 ± 28.0	95.7 ± 23.2	<0.01
Triglyceride (mg/dL)	118.2 ± 94.6	137.4 ± 17.7	n.s.
HDL cholesterol (mg/dL)	68.0 ± 19.2	50.2 ± 11.3	<0.01
Glucose (mg/dL)	94.1 ± 12.9	113.3 ± 28.5	<0.01
HbA _{1c} (%)	5.43 ± 0.39	5.99 ± 0.76	<0.01

Creatinine (mg/dL)	0.74 ± 0.14	0.92 ± 0.21	<0.01
Uric acid (mg/dL)	5.20 ± 1.21	4.90 ± 1.19	n.s.
<i>Drug treatments</i>			
Antihypertensive drug (ACEI, ARB, Ca antagonist)	9 (10.0 %)	28 (68.3%)	<0.01
Hypoglycemic drug (metformin, DDP-4 inhibitor, SGL-2 inhibitor)	2 (2.2 %)	12 (29.3%)	<0.01
Lipid-lowering drug (statin, fibrates)	6 (6.7%)	35 (85.4%)	<0.01

Notes: Continuous data are shown as mean value ± standard deviation (Student's *t*-test).

Categorical data are shown as numbers (percentage) (Chi-square test).

Abbreviations: BMI, body mass index; SBP, systolic blood pressure; DBP, diastolic blood pressure; HR, heart rate; LDL, low-density lipoprotein; HDL, high-density lipoprotein; HbA_{1c}, hemoglobin A_{1c}; ACEI, angiotensin-converting enzyme inhibitor; ARB, angiotensin II blocker; Ca blocker, calcium antagonist; DDP-4 inhibitor, dipeptidyl peptidase-4 inhibitor; SGL-2 inhibitor, sodium-glucose transporter 2; n.s., non-significant.