

Tables**Table 1 Self-administered questionnaire**

Question 1	How old are you?
Question 2	What is your gender?
Question 3	Do you smoke?
Question 4	Do you drink alcohol every day?
Question 5	Have you ever been diagnosed with hypertension? Or are you in treatment?
Question 6	Have you ever been diagnosed with dyslipidemia? Or are you in treatment?
Question 7	Have you ever been diagnosed with diabetes mellitus? Or are you in treatment?
Question 8	Have you ever had a coronary heart disease?
Question 9	Have you ever had a stroke?
Question 10	Do you snore in your sleep? (Has someone else ever pointed out to you that you snore?)
Question 11	Do you stop breathing when you sleep? (Has someone else ever pointed out your apnea to you?)

Table 2 Background characteristics

	Total (n=929)	max-IMT≤1.5 mm (n=789)	max-IMT>1.5 mm (n=140)	<i>p</i> value
Age (years; median, range)	66.0 (20-89)	65.0 (20-89)	71.5 (46-83)	<0.001
Male (n; %)	276 (29.7)	222 (28.1)	54 (38.6)	0.0158
Smoking (n; %)	104 (11.2)	87 (11.0)	17 (12.1)	0.665
Daily drinking (n; %)	169 (18.2)	137 (17.4)	32 (22.9)	0.123
Hypertension (n; %)	310 (33.4)	243 (30.8)	67 (47.9)	0.000135
Dyslipidemia (n; %)	426 (45.9)	352 (44.6)	74 (52.9)	0.0803
Diabetes mellitus (n; %)	118 (12.7)	93 (11.8)	25 (17.9)	0.0537
Snore (n; %)	396 (42.6)	335 (42.5)	61 (43.6)	0.853
Sleep apnea (n; %)	95 (10.2)	77 (9.76)	18 (12.9)	0.288
Max-IMT (mm; median, range)	1.0 (0.4-5.0)	1.0 (0.4-1.5)	2.0 (1.6-5.0)	<0.0001

max-IMT, maximum intima-media thickness

Table 3 Results of the logistic regression analysis for max-IMT > 1.5 mm

	Model 1			Model 2			Model 3			Model 4		
	OR	95% CI	<i>p</i> value									
HTN	2.06	1.43-2.97	<0.0001	1.61	1.10-2.35	0.0139	2.04	1.42-2.95	0.000128	1.54	1.05-2.26	0.0284
DL	1.39	0.971-2.00	0.0720	1.23	0.846-1.78	0.280	1.44	1.00-2.06	0.0503	1.32	0.903-1.93	0.151
DM	1.63	1.00-2.64	0.0486	1.61	0.974-2.67	0.0630	1.58	0.972-2.57	0.0649	1.60	0.960-2.65	0.0713

Model 1: Univariate analysis

Model 2: Adjusted by age

Model 3: Adjusted by gender

Model 4: Adjusted by age and gender

Max-IMT, maximum intima-media thickness; HTN, hypertension; DL, dyslipidemia; DM, diabetes mellitus; OR, odds ratio; CI, confidence interval.