1	Early Diastolic Mitral Regurgitation in Left Ventricular Aneurysm
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4	Short title
5	Early Diastolic MR in LV Aneurysm
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7	Author contributions
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1 Abstract

2 Diastolic mitral regurgitation is a type of functional mitral regurgitation that develops via a reversal of the left atrioventricular pressure gradient during diastole. This study aimed 3 4 to explore the mechanism underlying early diastolic mitral regurgitation (EDMR) in patients with left ventricular (LV) aneurysms after anterior myocardial infarction (AMI) 5 by assessing the intraventricular pressure difference using vector flow mapping. We 6 7 enrolled 23 consecutive patients with LV aneurysms (with and without EDMR) and 15 8 healthy men as controls. In the control group, LV suction began from the apex during 9 early diastole. In contrast, the blood that pooled in the apical aneurysm during systole 10 generated a relatively higher pressure at the apex than at the basal LV during early 11 diastole; consequently, the pressure reversal phenomenon occurred in the LV. Compared 12 to the EDMR- group, the EDMR+ group (n=7) exhibited a significantly higher diastolic time ratio ([time from the second heart sound to the pressure inversion point]/[total 13 14 diastolic time]) (P<0.001). The diastolic time ratio was significantly correlated with log BNP, but not with E/A, E/E', or the left atrial expansion index. In conclusion, EDMR in 15 16 LV aneurysm may be due to a prolonged diastolic time ratio leading to prolonged pressure 17 inversion in the LV during early diastole.

2 Keywords

- 3 Diastolic mitral regurgitation, Intraventricular pressure difference, Left ventricular
- 4 aneurysm, Myocardial infarction, Vector flow mapping

1 Introduction

2	Diastolic mitral regurgitation (MR) is a type of functional MR that develops via various
3	mechanisms and causes a reversal of the left atrioventricular pressure gradient during
4	diastole [1]. Mid-late diastolic MR has been reported in patients with severe aortic
5	regurgitation (AR) and an atrioventricular block [1-7]. AR-associated mid-late diastolic
6	MR results from a considerable elevation of the left ventricular (LV) end-diastolic
7	pressure secondary to an excessive blood flow from the aorta into the LV [1,2,7].
8	LV aneurysm is a serious mechanical complication of acute myocardial
9	infarction (AMI). The low survival rate of patients with LV aneurysm is related to the
10	infarct size, LV remodeling, and a reduced LV ejection fraction (LVEF) [8]. Thus, LV
11	aneurysm also causes an increase in the LV end-diastolic pressure. Early diastolic MR
12	(EDMR) has a low velocity due to a relatively low diastolic LV-left atrial (LA) pressure
13	gradient, and consequently, is sometimes difficult to detect. Thus, reports of EDMR
14	secondary to LV dysfunction are limited [7,9,10]; to the best of our knowledge, we are
15	the first to report four cases of concurrent EDMR and LV aneurysm after MI[11]
16	[-(data submitted). Therefore, the mechanism underlying EDMR in cases with LV
17	aneurysms remains unclear.
18	Recently, Murayama et al. [10] reported a case with ischemic cardiomyopathy

1	without aneurysm that was diagnosed using color M-mode echocardiography and vector
2	flow mapping (VFM); in this case, vortexes on VFM revealed EDMR. Therefore, the
3	present study aimed to explore the mechanism underlying EDMR development in
4	patients with LV aneurysms by using VFM to assess the intraventricular pressure
5	difference (IVPD) [12-15] during early diastole.

7 Methods

8 Study design and subjects

9 Twenty-three consecutive patients with LV aneurysm after anterior MI who underwent echocardiography at our institute from January 2016 to July 2021 were enrolled in this 10 11 study as the LV aneurysm group (7 patients were further categorized into the LV aneurysm group with EDMR, while 16 were categorized into the LV aneurysm group without 12 13 EDMR). Four patients were hospitalized due to the first anterior AMI, while the 14 remaining nineteen patients were outpatients with anterior occlusion myocardial 15 infarction. Fifteen healthy men aged 31±10 years were included as controls. The exclusion criteria were moderate or severe AR, atrioventricular block, ventricular pacing, 16 17and atrial fibrillation. This study had a single-center, cross-sectional, and longitudinal study design. We analyzed the IVPD occurring during early diastole in the patients and 18

1	controls. For all subjects, echocardiography was performed using an ALOKA ARIETTA
2	850 ultrasound machine (Fuji film Ltd., Tokyo, Japan) with an S121 probe at a transducer
3	frequency of 1-5 MHz, depth of 7-9 cm, and frame rate of 40-60 frames/s. A
4	phonocardiogram was used to detect the second heart sound (S2). The LVEF was
5	measured using the biplane disk summation technique and other standard systolic and
6	diastolic parameters including trans-mitral flow (TMF) and tissue Doppler imaging (TDI).
7	All LA volume measurements were calculated from apical 4- and 2-chamber views using
8	the biplane area-length method. The LA expansion index was calculated using Hsiao's
9	method [16]. Apical long-axis color Doppler images were obtained for VFM, and the
10	IVPD was analyzed in detail during early diastole with a frame-by-frame method using a
11	computer equipped with the DAS-RS1 software (Hitachi Ltd. Tokyo, Japan).
12	
13	Image analysis
14	Relative pressure imaging is a novel, noninvasive method that uses VFM to assess the
15	intracardiac pressure distribution [12-15, 17,18]. The intraventricular flow velocity
16	vectors of VFM are calculated by solving the continuity equation using the flow
17	velocity obtained from color Doppler and the wall velocity obtained from speckle
18	tracking echocardiography[12-15, 17,18]. The relative pressure imaging method

1	converts this velocity information to relative pressure distribution using the momentum
2	equations of fluid motion (Navier-Stokes equations) [12,14,17]. Patients with LV
3	aneurysm lost apical suction during early diastole, and the relative LV internal pressure
4	was higher at the apical aneurysm than at the LV base and LA during very early diastole
5	(Figure 1a). With basal LV relaxation, the LV basal pressure became lower than the LA
6	pressure. Consequently, the pressure inversion point (PIP) appeared in the LV aneurysm
7	group, leading the E wave (Figure 1a). The diastolic time (DT) ratio was calculated as
8	follows (Figure 1b): (time from S2 until the PIP)/(total DT).

10 *Ethics approval*

This study was conducted in accordance with the principles outlined in the Declaration of Helsinki and with the ethics guidelines for clinical research from the Ministry of Health, Labour and Welfare (Tokyo, Japan). Informed consent was obtained from the patients through an opt-out system, and those who refused to provide consent were excluded. The study protocol was reviewed and approved by the institutional ethics committee of the Dokkyo Medical University Nikko Medical Center (approval number: Nikko 29006).

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1 Statistical analysis

2	Continuous variables are presented as means \pm standard deviations (SD), whereas
3	categorical variables are expressed as numbers and percentages. Statistical comparisons
4	were conducted using the Student's <i>t</i> -test, repeated analysis of variance, chi-squared
5	test, and Fisher's exact test, as appropriate. The Pearson's correlation coefficients
6	between the DT ratio (i.e., S2-PIP/DT) and the other parameters (E/A, E/E', log BNP,
7	and LA expansion index) were assessed. Data were statistically analyzed using JMP-J
8	version 14.0 (SAS Institute, Cary, NC, USA) and SPSS version 25 (IBM Corp.,
9	Armonk, NY, USA). The significance of a two-tailed P-value was set at <5%.
10	
11	Results
12	The baseline characteristics of the 23 patients with LV aneurysms after anterior AMI are
13	presented in Table 1. Color M-mode revealed EDMR in seven out of these 23 patients.
14	The LV aneurysm group with EDMR had significantly lower LVEFs and higher serum
15	brain natriuretic peptide (BNP) levels than the LV aneurysm group without EDMR
16	(Table 2).
17	Results of the VFM analysis of the IVPD during early diastole are presented in Figures
18	2 and 3. In the controls, suction began at the LV apex during early diastole; subsequently,

1	the pressure at the LV apex decreased, thereby creating an IVPD (Figure 2A-E).
2	Conversely, in the LV aneurysm group (with/without EDMR), apical suction was lost
3	during early diastole and the relative LV internal pressure was higher at the apical
4	aneurysm than at the basal LV. Thus, the pressure reversal phenomenon (LV pressure >
5	LA pressure) was observed in the LV aneurysm group during early diastole (Figure 2F-
6	Q). The IVPD during the isovolumetric relaxation period indicated an intra-LV pressure
7	disparity, while the relative pressure disparity after mitral valve opening slightly indicated
8	a pressure disparity between the LV and the LA. The DT ratios (i.e., S2-PIP/DT) were
9	0.38±0.18 and 0.14±0.03 in the LV aneurysm groups with and without EDMR,
10	respectively (P<0.001, Table 2, Figure 1C). Figure 3 shows the real-time serial color
11	Doppler images, VFM images, and relative pressure difference between the LV apex and
12	LA through the basal LV in a patient with concurrent LV aneurysm and EDMR. There
12 13	LA through the basal LV in a patient with concurrent LV aneurysm and EDMR. There was no MR at mid-systole (Figure 3A1), while mild MR was noted at end-systole. In
12 13 14	LA through the basal LV in a patient with concurrent LV aneurysm and EDMR. There was no MR at mid-systole (Figure 3A1), while mild MR was noted at end-systole. In early diastole, the pressure at the LV apex was relatively higher than that at the LV base
12 13 14 15	LA through the basal LV in a patient with concurrent LV aneurysm and EDMR. There was no MR at mid-systole (Figure 3A1), while mild MR was noted at end-systole. In early diastole, the pressure at the LV apex was relatively higher than that at the LV base and LA due to a lack of suction at the apex, and a slow blood flow from the apex to the
12 13 14 15 16	LA through the basal LV in a patient with concurrent LV aneurysm and EDMR. There was no MR at mid-systole (Figure 3A1), while mild MR was noted at end-systole. In early diastole, the pressure at the LV apex was relatively higher than that at the LV base and LA due to a lack of suction at the apex, and a slow blood flow from the apex to the LA through the LV base (Figure 3B2,3–F2,3) resulting in EDMR (Figure 3B1–F1) was
12 13 14 15 16 17	LA through the basal LV in a patient with concurrent LV aneurysm and EDMR. There was no MR at mid-systole (Figure 3A1), while mild MR was noted at end-systole. In early diastole, the pressure at the LV apex was relatively higher than that at the LV base and LA due to a lack of suction at the apex, and a slow blood flow from the apex to the LA through the LV base (Figure 3B2,3–F2,3) resulting in EDMR (Figure 3B1–F1) was confirmed. This phenomenon continued until the PIP appeared (Figure 3F) and the E-

1	correlations between the DT ratio (obtained from the VFM data) and the standard
2	parameters of systolic and diastolic function (such as E/A, E/E', log BNP, and the LA
3	expansion index) (Figure 5). Only log BNP had a significant correlation with the DT ratio
4	(R= 0.46, P=0.034).
5	
6	Discussion
7	The DT ratio was significantly higher in the LV aneurysm group with EDMR than in the
8	LV aneurysm group without EDMR. Furthermore, it was significantly correlated with
9	log BNP, but not with E/A, E/E', or the LA expansion index.
10	The accuracy of real-time IVPD assessment by VFM has been validated
11	previously [14-16). In this study, we carefully assessed the IVPD during early diastole
12	by employing the frame-by-frame method of VFM to explore the mechanism
13	underlying EDMR development in patients with LV aneurysms. Diastolic reversal of the
14	left atrioventricular pressure gradient supplies a functional diastolic MR [1]. The
15	mechanisms and clinical significance of late-diastolic MR secondary to AR or
16	atrioventricular block are well recognized [1-7,18,19]; however, those of EDMR
17	secondary to AR or atrioventricular block remain unclear. An apical aneurysm pools
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1	findings indicated that a prolonged relatively higher pressure in the LV apex than in the
2	LV base during early diastole, which leads to reversal of the left atrioventricular
3	pressure gradient and to mitral valve opening by spreading the papillary muscle, may
4	contribute to EDMR. Murayama et al. [10] showed that in ischemic cardiomyopathy
5	accompanied by EDMR, a clockwise vortex existed under the anterior mitral leaflet
6	during the cardiac cycle, whereas a counterclockwise vortex occurred just under the
7	aortic valve during early diastole, thus generating blood flow toward the anterior mitral
8	leaflet from the boundary of these vortices [10]. Furthermore, they reported that the
9	early diastolic pressure was slightly higher at the apex than at the LV base, which was
10	suggestive of a loss of LV suction [10]. Their findings are consistent with our data.
11	Additionally, we also observed a good correlation between the DT ratio and log BNP;
12	this indicates the potential of the DT ratio as a surrogate marker of heart failure severity
13	in patients with LV aneurysm. However, this must be verified in a further study
14	with a greater sample size.
15	In our very recent case series report (n=4), all patients with concurrent EDMR
16	and LV aneurysm following MI presented with a low LVEF (<33%) and died of heart
17	failure within six months following echocardiography [11]. The TMF in all the four
18	patients revealed E-waves with lower velocities (two showed no E-waves). Despite the

1	high pulmonary artery wedge pressure (PAWP; >25 mm Hg) and heart rate (<90
2	beats/mins), they also presented with end-diastolic A-waves of higher velocities than
3	that of the E-waves and an impaired relaxation pattern. In the present study, five out of
4	the seven patients with EDMR underwent right side cardiac catheterization, and the
5	PAWP in all patients was \geq 18 mmHg despite an impaired relaxation pattern. We believe
6	that our study makes a significant contribution to the literature, because our findings
7	indicate that EDMR due to prolonged pressure inversion in the LV might be associated
8	with an impaired relaxation pattern (E/A<1) in patients with an LV aneurysm, despite a
9	high PAWP. A possible explanation for this may be the relatively high early diastolic LV
10	pressure, particularly in an aneurysm. Shen et al. [8] reported that out of 71 patients
11	with anterior AMI, 10 with aneurysm and 3 without aneurysm died at a mean follow-up
12	of 53 months. Their stepwise multivariate analysis revealed that the LVEF and
13	obstruction status of the left anterior descending artery and collaterals were independent
14	predictors of mortality in patients with an aneurysm. Furthermore, they concluded that
15	the reduced survival rate in patients with an aneurysm was primarily related to severe
16	global LV dysfunction, which may be determined by assessing the residual flow to the
17	infarct region [8].

Our study has some limitations. First, the number of study patients was limited.

1	Second, due to ethical reasons, we did not measure the LV pressure and PAWP
2	simultaneously during cardiac catheterization in Study 2 to avoid embolic
3	complications.
4	In conclusion, EDMR in LV aneurysm may be attributable to a prolonged DT
5	ratio in the LV during the early diastolic phase. Estimating the LV end-diastolic pressure
6	by mitral inflow pattern may be difficult, particularly in cases with an LV aneurysm
7	associated with EDMR. Further large-scale studies are required to determine whether
8	the DT ratio or EDMR can predict adverse clinical outcomes in cases with LV
9	aneurysms and/or ischemic cardiomyopathy.
10	
11	Conflict of interest
12	Dr. Uejima has received grant support from Hitachi Ltd. Dr. Yasu has received grant
13	support from Abbott Medical Japan LLC., AstraZeneca K.K., Ono Pharmaceutical Co.,
14	Ltd., Kowa Co. Ltd., and MTG Co. Ltd. The other authors declare that they have no
15	conflict of interest.
16	
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19	for her administrative assistance. We would also like to thank <i>Editage</i>

- 1 (www.editage.com) for English language editing.
- 2

3	Declarations
4	Ethics approval
5	This study was approved by our institutional ethics committee (approval number: Nikko
6	29012). All procedures performed in this study complied with the national ethical
7	guidelines for medical and health research involving human participants and with the
8	1964 Helsinki Declaration and its later amendments or comparable ethical standards.
9	Consent to participate
10	
11	Consent to publish
12	
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16	(No. 2017–21) (to A.U.). Part of this paper was presented at the annual meeting of the
17	American Heart Association in Philadelphia in November 2019.
18	

1 Data availability

2 The deidentified participant data will not be shared.

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9	

1 Figure Legends

2 Figure 1. The pressure inversion point (PIP) during the early diastolic phase is determined using the frame-by-frame method. (A) The relative pressure between the 3 4 apical aneurysm and the left atrium through the basal left ventricle (LV) is inversed at 5 PIP. (B) The diastolic time ratio is calculated as follows: (time from the second heart sound [S2] to the PIP)/(total diastolic time). (C) Histogram of the diastolic time ratio 6 7 shows that the diastolic time ratios of all aneurysmal patients without early diastolic 8 mitral regurgitation (EDMR; n=10) are lower than 0.2; however, five out of the six 9 aneurysmal patients with EDMR show a ratio higher than 0.2. Data of one patient 10 without EDMR and one patient with EDMR were unfortunately lost. 11 12 Figure 2. The vector flow mapping (VFM) results of three representative cases, one 13 from each group. Real-time serial intra-c relative pressure difference during early 14 diastole in the healthy control group (A–E), LV aneurysm group without early diastolic mitral regurgitation (EDMR; F–K), and LV aneurysm group with EDMR (L–R). (B–E) 15 16 In the control group, suction begins from the apex. (H, N–P) Consequently, the pressure 17 at the LV apex is relatively lower than that at the basal LV during early diastole. In contrast, the apical aneurysm passively dilates during systole and passively contracts 18

1	during very early diastole. The diastolic time (DT) ratio is calculated as follows: (time
2	from the second heart sound [S2] to the pressure inversion point)/(total DT). The
3	pressure reversal phenomenon is noted to occur at a DT ratio of 0.15 in the LV
4	aneurysm group without EDMR (Q) and at a ratio of 0.45 in the LV aneurysm group
5	with EDMR (I).
6	
7	Figure 3. Real-time serial color Doppler images (A1–G1). Vector flow mapping images
8	and relative pressure difference between the left ventricular (LV) apex and the left
9	atrium (LA) through the basal LV in a patient with concurrent LV aneurysm and early
10	diastolic mitral regurgitation (EDMR; A2,3–G2,3). No mitral regurgitation is noted at
11	mid-systole (A1). The pressure at the LV apex is relatively higher than the pressure at
12	the LV base and LA due to a lack of suction at the apex. A slow blood flow from the
13	apex to the LA through the LV base is confirmed (B2,3–F2,3). This phenomenon is
14	noted to continue until the pressure inversion point (PIP; F1-3), and the E-wave of the
15	LV inflow (G1–3) is noted to appear after the PIP.
16	
17	Figure 4. Histogram of the diastolic time ratio shows that the diastolic time ratios of all
18	aneurysmal patients without early diastolic mitral regurgitation (EDMR; n=15) are

1	lower than 0.2; however, five out of the six patients with EDMR have diastolic time
2	ratios higher than 0.2. Data of one patient without EDMR and one patient with EDMR
3	were unfortunately lost.
4	
5	Figure 5. Correlation between the vector mapping flow parameters and the E/A, TDI,
6	log BNP, and LA expansion index (LAEI). The DT ratio is noted to have a good
7	correlation with log BNP ($R= 0.46$, $P=0.034$), but not with E/A, E/E', and LAEI.
8	
9	Figure 6. Pressure Inversion Point (PIP) during the early diastolic phase was
10	determined using the frame-by-frame method. The apical aneurysm passively dilates
11	during systole and passively contracts during the very early diastole. Thus, the pressure
12	at the left ventricular (LV) apex is relatively higher than that at the basal LV during the
13	early diastolic period. In patients with LV aneurysms and early diastolic mitral
14	regurgitation (EDMR), the relative pressure at the LV apex is higher than at the left
15	atrium, and blood flow from the apex to the base is confirmed. This phenomenon
16	continues until the E-wave of the LV inflow appears at PIP.
17	

Variables	All patients	EDMR (-)	EDMR (+)
variables	(n=23)	(n=16)	(n=7)
Mean age (years)	72±10	68±9	79±8
Male, n (%)	11 (55%)	8 (62%)	3 (43%)
SBP (mm Hg)	119±14	121±12	114±16
DBP (mm Hg)	68±13	71±9	63±15
Heart rate (beats/min)	76±16	71±10	86±20
Hypertension	13 (65%)	10 (77%)	3 (43%)
Dyslipidemia	15 (75%)	11 (85%)	4 (57%)
Diabetes mellitus	10 (50%)	6 (46%)	4 (57%)
Chronic kidney disease	11 (55%)	6 (46%)	5 (71%)
Number of diseased	1.6 Vessels	1 5 Vessels	1 7 Vessels
coronary vessels	1.0 vessels	1.5 vessels	1.7 VESSEIS
Antiplatelet drugs	16 (80%)	12 (92%)	4 (57%)
HMG-CoA	18 (90%)	12 (92%)	6 (86%)
reductase inhibitor usage	10 (2070)	12 (7270)	0 (0070)

1 Table 2a. Baseline clinical characteristics of the patients with left ventricular	aneurysm
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Beta-blocker usage	13 (65%)	10 (77%)	3 (43%)
Calcium channel blocker usage	2 (10%)	2 (15%)	0
Anticoagulant drug usage	12 (60%)	7 (54%)	5 (71%)
ACE inhibitor or ARB usage	13 (65%)	9 (69%)	4 (57%)
Diuretic usage	13 (65%)	7 (54%)	6 (86%)

1 ACE: angiotensin-converting enzyme; ARB: angiotensin II receptor blocker; DBP:

2 diastolic blood pressure; EDMR: early diastolic mitral regurgitation; SBP: systolic blood

3 pressure.

patients				
	EDMR (-)	EDMR (+)	Develop	
Variables	(n=16)	(n=16) (n=7)		
Mean age (years)	68±9	79±9	0.017	
Male, n (%)	8 (57)	3 (43)	0.31	
LVDd (mm)	51±6	53±10	0.48	
LVDs (mm)	39±6	42±10	0.36	
LVEDVI (mL)	92±26	109±34	0.22	
LVESVI (mL)	53±25	74±30	0.11	
LVEF (%)	46±13	34±10	0.048	
LAVI (mL)	32±11	38.8±12	0.24	
E/A	0.76±0.35	0.80±0.21	0.73	
BNP	109±108	1182±1335		
Log BNP	1.87±0.39	2.43±1.12	0.0005	
(S2-PIP)/DT	0.12±0.0.2	0.31±0.11	0.0008	

1 Table 2b. Echocardiographic data and serum brain natriuretic peptide levels of the

³ BNP: brain natriuretic peptide; EDMR: early diastolic mitral regurgitation; LAVI: left

1	atrial volume index; LVDd: left ventricular end-diastolic diameter; LVDS: left ventricular
2	end-systolic diameter; LVEDVI: left ventricular end-diastolic volume index; LVEF: left
3	ventricular ejection fraction; LVESVI: left ventricular end-systolic volume index; S2-
4	PIP/DT: (second sound to pressure inversion point)/diastolic time.
5	
6	