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Relationship between sensory processing and Autism Spectrum Disorder-like behaviors in Prader-Willi Syndrome
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Title

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Abstract

The relationship between sensory processing and ASD-like and associated behaviors in patients with Prader-Willi Syndrome (PWS) remains relatively unexplored. Examining this relationship, 51 adults with PWS were administered the Pervasive Developmental Disorders Autism Society Japan Rating Scale (PARS), Short Sensory Profile (SSP-J), Food-Related Problem Questionnaire (FRPQ), and Aberrant Behavior Checklist (ABC-J). Based on SSP-J z-scores, participants were classified into three severity groups. Analysis of variance was performed to compare the behavioral scores of these three groups. Statistically significant group differences were observed in PARS ($p=.006$, $\eta_p^2=.194$) and ABC-J ($p=.006$, $\eta_p^2=.193$) scores. Our findings suggest that the level of sensory processing may predict ASD-like and aberrant behaviors in adults with PWS, implying the importance of a proper assessment for early intervention.

Keywords: Prader-Willi Syndrome; Sensory processing; ASD-like behaviors; Aberrant behaviors.

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Introduction

Prader-Willi Syndrome (PWS) is a contiguous genetic syndrome caused by either a paternal deletion (DEL) of 15q11-q13, observed in 70% of patients, or maternal uniparental disomy 15 (mUPD; when both copies of chromosome 15 are maternally inherited), observed in 25% of patients (Bolton et al., 2001; Chamberlain & Brannan, 2001; Dimitropoulos & Schultz, 2007; Dykens, 2004; Veltman et al., 2004). The main clinical symptoms of PWS are neonatal hypotonia, intellectual disability, hyperphagia, progressive obesity, and hypogonadism (Bailey et al., 2002; Cassidy & Driscoll, 2009). In addition to hyperphagia, individuals with PWS exhibit several behavioral and psychiatric symptoms, including Autism Spectrum Disorder (ASD)-like behaviors (Arron, Oliver, Moss, Berg, & Burbidge, 2011; Klabunde et al., 2015). Several studies have been conducted to identify underlying genotypic differences between individuals with mUPD and DEL subtypes. Individuals with PWS of the mUPD subtype have exhibited a greater prevalence of ASD-like behaviors, such as compulsive, ritualistic, and repetitive behaviors, than did those of the DEL subtype (Sinnema et al., 2011; Soni et al., 2007; Wigren & Hansen, 2005). These findings with reference to the susceptibility of ASD-like behaviors in individuals with mUPD imply that maternally active gene(s) may lie in chromosome 15q11-q13 (Dykens, Maxwell, Pantino, Kossler, & Roof, 2007; Ogata et al., 2014; Vogels, Matthijs, Legius, Devriendt, & Fryns, 2003; Wigren & Hansen, 2005). This possibility is consistent with the fact that the most common cytogenetic abnormality in individuals with ASD, detected in 1–3%, is the maternally inherited 15q11-q13 duplication (Baker, Piven, Schwartz, & Patil, 1994).

There has been considerable debate regarding the basic behavioral characteristics of individuals with ASD. The core symptoms of ASD include difficulties with social interaction and communication, as well as restricted and repetitive behaviors. Beyond these, sensory

51 processing impairment may also be one of the core deficits underlying ASD. The Diagnostic
52 and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5) lists “hyper- or
53 hyporeactivity to sensory input or unusual interest in sensory aspects of the environment” as
54 one of the four restricted, repetitive patterns of behavior. The other three are stereotyped or
55 repetitive motor movements, insistence on sameness, and restricted and fixated interests.
56 Ample evidence suggests that 45–90% of individuals with ASD show high rates of sensory
57 processing impairments (Ben-Sasson et al., 2009) exceeding one standard deviation
58 (Dimitropoulos, Feurer, Butler, & Thompson, 2001; Dykens, Cassidy, & King, 1999;
59 Dykens, Sutcliffe, & Levitt, 2004; Dykens & Roof, 2008; Jauregi, Laurier, Copet, Tauber, &
60 Thuilleaux, 2013; Symons, Butler, Sanders, Feurer, & Thompson, 1999). Atypical responses
61 characteristic of ASD have been observed even in high-functioning individuals (Einfeld et al.,
62 2006), implying that poorer sensory processing is not always associated with a lower IQ.
63 Sensory processing impairments, such as over-responsivity to tactile and auditory non-target
64 inputs, constitute prodromal signs that parents can use to detect the presence of
65 developmental disorders in their children for the first time. The early emergence of sensory
66 processing impairments in toddlers often indicates that such disorders will influence a child’s
67 adaptive behaviors from an early stage of development (Ben-Sasson, Carter, & Briggs-
68 Gowan, 2009). The comorbidity of PWS with ASD-like behaviors implies that sensory
69 processing impairments are rooted in several autistic and allied behavioral symptoms.

70 In addition to ASD-like behaviors, PWS-specific food-related problems in relation to
71 sensory processing impairments are worth exploring. These problems seem to be different
72 from the picky-eating phenomenon seen in ASD. This is because hyperphagia in PWS is
73 evidently linked to a constant insatiable appetite, perhaps due to dysfunction of the satiety
74 control system (Lindgren et al., 2000). Therefore, compared with picky eating in ASD, food-
75 related problems in individuals with PWS are severe and diverse, including food stealing,

76 lying, and pica (Hiraiwa, Maegaki, Oka, & Ohno, 2007). Taking such uniqueness of food-
77 related behaviors in individuals with PWS into account, a thorough analysis with regard to
78 the association between these behaviors and sensory processing impairments should be
79 conducted.

80 To date, the relationship between sensory processing impairments and ASD-like
81 behaviors in PWS has yet to be elucidated. One of a few studies that investigated sensory
82 processing impairments in individuals with PWS was conducted by Takahashi, Ihara, and
83 Ogata (2019). They reported that approximately 75% of patients with PWS demonstrated
84 impairments in sensory responsiveness. As far as general, non-ASD-like, psychiatric
85 symptoms (depressed mood, general anxiety, mania/hyperactivity, obsessive compulsive
86 behavior, social avoidance) are concerned, Royston et al. (2020) found that auditory sensory
87 processing impairments were associated with psychiatric symptoms in individuals with
88 Williams Syndrome, but not in individuals with PWS. However, the relationship between
89 sensory processing impairments and ASD-like and associated behaviors remains largely
90 unexamined. As for PWS, the relationship has never been examined.

91 When investigating the association between maladaptive behaviors and sensory
92 processing impairments, two factors should be considered: developmental trajectory and
93 genotypic differences. It has been argued that problem behaviors, such as temper tantrums,
94 compulsions, self-injurious behaviors, and ASD-like behaviors, follow a non-linear trajectory
95 (Dimitropoulos et al., 2001; Dykens et al., 2004; Jauregi et al., 2013). For example, Ishii et al.
96 (2017) reported that ASD-like behaviors follow a marked trend of aggravation beginning at
97 approximately 18 years of age. Considering the transition of ASD-like behaviors with
98 development, research should focus on adults as well as children and adolescents. Studies
99 have reported a higher risk of ASD-like behaviors in individuals with the mUPD subtype than
100 with the DEL subtype (Sinnema et al., 2011; Soni et al., 2007; Wigren & Hansen, 2005).

101 With regard to genotypic differences in sensory processing, Takahashi, Ihara, and Ogata
102 (2019) reported a marginal difference in auditory filtering, in which individuals with mUPD
103 showed a trend towards impairment compared with individuals with DEL. As such, the
104 influence of genotype on the relationship between sensory processing impairments and ASD-
105 like behaviors merits investigation.

106 To the best of our knowledge, this study is the first attempt to address the relationship
107 between sensory processing, on the one hand, and ASD-like, aberrant, and compulsive eating
108 behaviors, on the other, in adults with PWS. A high incidence of sensory processing
109 impairments has already been indicated in individuals with ASD, whose common cytogenetic
110 abnormality is duplication of the 15q11-q13 PWS/AS region. The hypothesis is that sensory
111 processing impairments are cardinal deficits leading to a variety of maladaptive behaviors in
112 individuals with PWS, as indicated in ASD. First, this study attempted to characterize sensory
113 processing impairments in adults with PWS. Second, the study aimed to investigate the
114 association between sensory processing impairments and other behavioral symptoms,
115 including aberrant and food-related behaviors, as well ASD-like behaviors such as
116 interpersonal skills, communication, and obsession. Finally, the study aimed to examine the
117 differences between individuals with DEL and individuals with mUPD with respect to
118 sensory processing and other maladaptive behaviors.

119

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Method

121

Ethical Approval, Participants, and Procedure

122 This study was commenced after being assessed and approved by the Institutional Review
123 Board of our university. All research procedures conformed to the World Medical
124 Association Declaration of Helsinki (adopted in October 2013 in Brazil). Before the data
125

126 were collected, participants or their parents provided informed consent for behavioral and
127 psychiatric assessments, and cytogenetic and/or molecular-genetic studies. In total, 51
128 Japanese participants with PWS (aged 17 to 48 years) participated in this study. Diagnoses
129 had already been made for all patients based on fluorescence *in situ* hybridization or the
130 methylation test prior to this study. The participants comprised 31 male and 20 female
131 individuals, including 41 patients with DEL and 10 patients with mUPD. The assessor who
132 collected the data was blinded to the genetic status of each patient. Before administering a
133 comprehensive set of behavioral measures, the IQ of each participant was measured using the
134 Japanese version of the Wechsler Intelligence Scale (Wechsler, 1991, 1997; Japanese WISC-
135 III Publication Committee, 1998; Japanese WAIS-III Publication Committee, 2006). The
136 assessor collected behavioral data over three to six sessions for each participant. Most
137 behavioral measures applied in this study were originally designed to be self-administered or
138 informant-based. Due to participants' difficulty with instructions and low level of cognitive
139 ability, the assessor met with participants and their parents in person to answer any questions
140 while the behavioral assessments were completed by the participants. It was thus expected
141 that the quality of data obtained in this study would be superior to that obtained using mail
142 questionnaires.

143

144 **Measures**

145 **Sensory Processing**

146 The sensory processing ability of all participants was measured using the Japanese version
147 (SSP-J) (Tsuji et al., 2015) of the Short Sensory Profile (SSP) (Dunn, 1999). The SSP-J is a
148 38-item caregiver questionnaire constructed to examine the frequency of sensory-processing
149 behaviors in a child. Raw scores were allocated using a five-point Likert scale (*always, five;*
150 *frequently, four; occasionally, three; seldom, two; or never, one*) (Tsuji et al., 2015).

151 Attention should be paid to the following difference between SSP and SSP-J: lower scores
152 represent worse sensory processing in SSP, whereas higher scores represent worse sensory
153 processing in SSP-J. The questionnaire comprised seven subscores: Tactile Sensitivity,
154 Taste/Smell Sensitivity, Movement Sensitivity, Underresponsive/Seeks Sensation, Auditory
155 Filtering, Low Energy/Weak, and Visual/Auditory Sensitivity. A higher total score indicated
156 more severe impairment. The internal reliability of each subsection including the seven
157 subscores and total SSP-J score in 1,441 typically developing children in Japan was between
158 0.69 and 0.84. Moreover, no significant difference in Cronbach's coefficient alpha was found
159 between subjects aged 3–10 or those aged 11–82 (Tsuji et al., 2015). Hence, SSP-J is
160 applicable to the adult population.

161 According to the criteria proposed by McIntosh et al. (1999), the raw scores of eight
162 subsections were converted to standardized z-scores. In the child's responses to sensory
163 experiences, "Typical Performance" indicated z-scores above -1.00, "Probable Difference"
164 indicated those from -1.00 to -2.00, and "Definite Difference" indicated those below -2.00.
165 This classification system, made up of three categories (Typical Performance, Probable
166 Difference, and Definite Difference), has been used in previous studies (Caron, Schaaf,
167 Benevides, & Gal, 2012; Nadon, Feldman, Dunn, & Gisel, 2011).

168

169 **Behavioral Assessment**

170 **ASD-like Symptomatology.** To assess ASD-like symptomatology, the Pervasive
171 Developmental Disorders Autism Society Japan Rating Scale (PARS) (Adachi et al., 2006;
172 Kamio et al., 2006) was administered. This rating scale was developed as a questionnaire to
173 measure the degree of autistic and allied behaviors in Pervasive Developmental Disorders
174 (PDDs). When assessing the severity of current ASD-like behaviors in this study, a 33-item
175 version for adolescents and adults was applied. The PARS for this population was divided

176 into five clinical subscores including Interpersonal Skills (six items), Communication (seven
177 items), Obsession (six items), Problematic Behaviors (11 items), and Hypersensitivity (three
178 items). Reliability and validity of the PARS were established for both the childhood items
179 (Adachi et al., 2006) and the adolescent and adult items (Kamio et al., 2006).

180 **Aberrant Behaviors.** The extent of participants' maladaptive and problematic
181 behaviors was measured based on the Aberrant Behavior Checklist Japanese Version (ABC-J)
182 (Aman, Singh, & Ono, 2006). The ABC-J included 58 items, which took 10–15 minutes to
183 complete. All items consisted of five categories: a) Irritability and Agitation, b) Lethargy and
184 Social Withdrawal, c) Stereotypic Behavior, d) Hyperactivity and Noncompliance, and e)
185 Inappropriate Speech. The ABC is confirmed to be an effective tool in evaluating the severity
186 of behavioral manifestations in individuals with intellectual disability (Shedlack, Hennen,
187 Magee, & Cheron, 2005) and ASD (Brinkley et al., 2007). This tool was also applied to
188 measure the effects of treatment (Schroeder, Rojahn, & Reese, 1997; Shedlack et al., 2005).
189 The reliability and validity of the Japanese version of the ABC were established by Aman et
190 al. (2006). The ABC has been used for the purpose of evaluating the severity of problem
191 behaviors (Clarke, Boer, Chung, Sturmey, & Webb, 1996) and the effect of pharmacotherapy
192 (Shapira, Lessig, Lewis, Goodman, & Driscoll, 2004) in individuals with PWS.

193 **Food-related Behaviors.** To assess food-related behaviors, the Food-Related Problem
194 Questionnaire (FRPQ) was used. This is an informant-based questionnaire formed uniquely
195 for evaluating the severity of eating behaviors in individuals with PWS. The FRPQ comprises
196 16 items, including three subscales: preoccupation with food (P), impairment of satiety (S),
197 and other food-related negative behaviors (N). The FRPQ has sufficiently robust
198 psychometric properties, in terms of test-retest and inter-rater reliability, concurrent and
199 criterion validity, and internal consistency (Russel & Oliver, 2003).

200

201 Statistical analyses

202 IBM SPSS Statistics for Windows, version 20.0 (IBM Corp., Armonk, NY, USA) was used to
203 analyze the data. According to the z-scores of the SSP-J raw scores, participants were
204 classified into three performance categories: Typical Performance (z-score above -1.00),
205 Probable Difference (z-score from -1.00 to -2.00), and Definite Difference (z-score below -
206 2.00). To compare the level of sensory processing with the severity of other behavioral
207 symptoms, one-way analysis of variance (ANOVA) tests were conducted to assess
208 differences in scores of PARS, ABC-J, and FRPQ among the three performance groups. To
209 assess the differences between individuals with DEL and individuals with mUPD, two-tailed
210 *t*-tests were conducted on raw scores of the eight SSP-J subsections. A *p*-value of 0.05 or less
211 was regarded as statistically significant for all statistical tests.

212

213

Results

214

215 Descriptive Statistics: Sensory Processing Differences

216 Performance classifications based on the z-scores of SSP-J raw scores are presented in Table
217 1. SSP-J test results were as follows: 23.5% (*n* = 12) of the adults with PWS obtained Typical
218 Performance scores (z-score above -1.00), 41.2% (*n* = 21) obtained Probable Difference
219 scores (z-score from -1.00 to -2.00), and 35.3% (*n* = 18) obtained Definite Difference scores
220 (z-score below -2.00). More detailed examination of the seven subscores revealed that the
221 Low Energy/Weak subsection yielded the highest reported Definite Differences (z-score
222 below -2.00) (43.1%, *n* = 22). Other SSP-J subsections that bore higher percentages of
223 Definite Differences (z-score below -2.00) included Movement Sensitivity (27.5%, *n* = 14)
224 and Underresponsive Sensitivity (15.7%, *n* = 8). Conversely, lower percentages of Definite
225 Difference (z-score below -2.00) were observed in the following subsections: Taste/Smell

226 Sensitivity (0%, $n = 0$), Tactile Sensitivity (7.8%, $n = 4$), Auditory Filtering (7.8%, $n = 4$),
227 and Visual/Auditory Sensitivity (9.8%, $n = 5$).

228 Table 2 shows the patient characteristics of the three groups based on the results of
229 total SSP-J scores. A one-way ANOVA did not reveal any statistically significant differences
230 among the three groups with regard to age, body mass index, or IQ.

231

232 **Sensory Processing and ASD-Like Behaviors**

233 To compare the level of sensory processing with the severity of ASD-like behaviors in adults
234 with PWS, one-way ANOVAs were conducted to assess differences in PARS scores among
235 the three groups which were categorized based on the SSP-J results: Typical Performance (z-
236 score above -1.00), Probable Difference (z-score from -1.00 to -2.00), and Definite
237 Difference (z-score below -2.00) (see Table 3). Statistically significant differences were
238 detected in the PARS Total Score ($p=.006$) and Communication subscore ($p<.001$). Post-hoc
239 Tukey's tests demonstrated that adults with PWS with Definite Difference (z-score below -
240 2.00) scored higher than those with Typical Performance (z-score above -1.00) with regard to
241 PARS Total Score ($p=.004$) and Communication subscore ($p<.001$) (see Figure 1). There
242 were no statistically significant differences among the three groups with respect to
243 Interpersonal Skills, Obsession, Problematic Behaviors, and Hypersensitivity. These analyses
244 revealed that greater ASD-like behaviors were found in individuals with more a severe level
245 of sensory processing impairment.

246

247 **Sensory Processing and Aberrant Behaviors**

248 The relationships between sensory processing and aberrant behaviors were examined using
249 one-way ANOVAs to assess differences in ABC-J scores among the three performance
250 groups (see Table 3). Statistically significant differences were observed in the ABC-J Total

251 Score ($p=.006$) and four subscores (Irritability and Agitation, $p=.003$; Lethargy and Social
252 Withdrawal, $p=.005$; Stereotypic Behavior, $p=.030$; Inappropriate Speech, $p=.003$) in the
253 ABC-J. In all ABC-J scores, individuals with Definite Difference (z-score below -2.00) in
254 sensory processing exhibited the most severely aberrant behaviors. Those with Probable
255 Difference (z-score from -1.00 to -2.00) were moderately aberrant, and those with Typical
256 Performance (z-score above -1.00) exhibited the lowest level of aberrations. Post-hoc
257 Tukey's tests revealed statistically significant differences in aberrant behaviors as follows:
258 members of the Definite Difference (z-score below -2.00) group scored higher than those of
259 the Typical Performance (z-score above -1.00) group in the ABC-J Total Score ($p=.009$) and
260 four of the five subscores (Irritability and Agitation, $p=.005$; Lethargy and Social
261 Withdrawal, $p=.035$; Stereotypic Behavior, $p=.040$; Inappropriate Speech, $p=.003$). Members
262 of the Definite Difference (z-score below -2.00) group scored higher than those of the
263 Probable Difference (z-score from -1.00 to -2.00) group in the ABC-J Total score ($p=.027$),
264 Irritability and Agitation subscore ($p=.026$), and Lethargy and Social Withdrawal subscore
265 ($p=.007$) (see Figure 1). To sum up, individuals with the most severe sensory processing
266 impairments also had more severe problematic behavior.

267

268 **Sensory Processing and Food-related Behaviors**

269 In order to examine whether there were differences in PWS-specific food-related behaviors
270 based on the level of sensory processing impairment, one-way ANOVAs were conducted to
271 investigate differences in the FRPQ scores among the three performance groups. No
272 statistically significant differences were noted in Total Scores or the three subscores of the
273 FRPQ (Preoccupation with Food (P), Impairment of Satiety (S), and other Food-related
274 Negative Behaviors (N)) (see Table 3). Therefore, PWS-specific food-related behaviors did
275 not differ based on the level of sensory processing.

276

277 **Genotypic Differences**

278 Multiple *t*-tests were used to assess differences in raw scores of the eight SSP-J subsections
279 between individuals with DEL and individuals with mUPD. As demonstrated in Table 4,
280 statistically significant differences were observed in the Auditory Filtering subsection, in
281 which individuals with mUPD demonstrated a significantly higher score ($p=.041$), but this
282 was not the case for other subsections or the Total Scores.

283 *T*-tests were conducted to assess genotypic differences in PARS, ABC-J, and FRPQ
284 (see Table 4). Adults with mUPD scored higher with regard to the PARS Total Score
285 ($p=.002$), three PARS subscores ($p=.013$ in Interpersonal Skills, $p=.048$ in Communication,
286 and $p=.004$ in Problematic Behaviors), ABC-J Total Score ($p=.002$), and all five ABC-J
287 subscores ($p=.011$ in Irritability and Agitation, $p<.001$ in Lethargy and Social Withdrawal,
288 $p=.001$ in Stereotypic Behavior, $p=.001$ in Hyperactivity and Noncompliance, and $p=.046$ in
289 Inappropriate Speech). Members of the mUPD adult group scored lower in the FRPQ Total
290 Score ($p=.030$) and two FRPQ subscores ($p=.049$ in FRPQ-P and $p=.018$ in FRPQ-N).
291 Medians and *p*-values are presented in Table 4.

292

293

Discussion

294

295 First, this study examined whether sensory processing was impaired in a sample of adults
296 with PWS. In this study, more than 75% of adults with PWS exhibited impairments in
297 sensory processing ability, while 23.5% of the sample qualified with Typical Performance (*z*-
298 score above -1.00) on the basis of the SSP-J Total Score. Individual examination of the seven
299 subsections of the SSP-J revealed that the most profound impairment was in the Low
300 Energy/Weak subsection. Thus, the most impaired domain of sensory processing was the

301 ability to contract muscles, maintain sufficient muscle tone, and control proper posture.
302 Likewise, severe impairment was observed in the ability to respond to touch stimuli (Tactile
303 Sensitivity) and movement experiences (Movement Sensitivity), and to modulate the level of
304 awareness of sensory events (Underresponsive/Seeks Sensation). In contrast, less severe
305 impairments were noted in responses to taste, smell (Taste/Smell Sensitivity), sights, and
306 sounds (Visual/Auditory Sensitivity).

307 Our data suggest that adults with PWS experience sensory processing impairments.
308 To examine whether these impairments were related to behavioral problems, such as ASD-
309 like, food-related, and aberrant behaviors, three performance groups of sensory processing
310 were compared with regard to PARS, FRPQ, and ABC-J scores.

311 Greater severity of ASD-like behaviors was found in individuals with a greater
312 severity of sensory processing impairments. Among the five PARS subscores, the most
313 striking feature associated with ASD-like behaviors in adults with PWS was in the
314 Communication subscore. Compared with adults with PWS with Typical Performance (z-
315 score above -1.00), those with Definite Difference (z-score below -2.00) and those with
316 Probable Difference (z-score from -1.00 to -2.00) in the SSP-J categories were profoundly
317 impaired in communication; thus, ASD-like communication problems in adults with PWS
318 may be reflective of sensory processing impairments. Nevertheless, results from inter-group
319 comparisons cannot prove causality between sensory processing impairments and
320 communication. Questions remain unanswered as to whether ASD-like behaviors in general
321 and communication problems in particular are based on sensory processing impairments or
322 merely their concomitant phenomena. Even in ASD, a debate is still ongoing as to whether
323 sensory processing impairments are an essential attribute or an accidental property (Ben-
324 Sasson et al., 2009). In PWS, several factors including non-social contingencies (Didden,
325 Korzilius, & Curfs, 2007) may underscore PWS-related ASD-like communication

326 difficulties, such as avoiding unpleasant stimuli, reacting to and/or resisting unpleasant
327 sensory experiences, and induction by irrelevant sensory information. A systematic
328 aggregation of evidence is needed to clarify whether sensory symptoms (i.e., temper
329 tantrums, compulsiveness, ritualistic behaviors, skin-picking behaviors, and autistic-like
330 behaviors) should be regarded as core behavioral features of PWS.

331 Our data also suggest a relationship between sensory processing and aberrant
332 behaviors. Greater severity in sensory processing impairment was associated with greater
333 severity in aberrant behaviors. To date, the relationship between problematic behaviors and
334 impaired sensory responses has mainly been investigated in younger groups, such as children
335 with ASD (Hilton et al., 2010; O'Donnell, Deitz, Kartin, Nalty, & Dawson, 2012; Tomchek &
336 Dunn, 2007) and those with Williams Syndrome (Glod, Riby, & Rodgers, 2020; Royston et
337 al., 2020). By building on these studies, this research highlights new data concerning an adult
338 population with the rare genetic syndrome PWS.

339 The relationship between sensory processing and maladaptive behaviors, specifically
340 in the contrast between food-related problems and non-food-related problems, is important.
341 Aside from PWS, Zickgraf et al. (2020) reported that rigidity and oral texture sensitivity were
342 statistically significantly correlated with selective eating in both ASD and non-ASD samples.
343 Engel-Yeger et al. (2016) also found significant correlations between sensory processing
344 impairments and eating problems in individuals with intellectual disability. However, in this
345 study of individuals with PWS with ASD-like behaviors and intellectual disability, there were
346 no statistically significant relationships between sensory processing and PWS-specific food-
347 related behaviors, such as preoccupation with food, impairment of satiety, and miscellaneous
348 food-related problems. In contrast, a more severe level of non-food-related behaviors, such as
349 ASD-like and aberrant behaviors, was observed in individuals with more severe sensory
350 processing impairments. The trajectory of PWS-specific food-related behaviors has already

351 been highlighted. According to Ishii et al. (2017), food-related behaviors do not typically
352 change after 18 years of age, whereas ASD-like and aberrant behaviors worsen following this
353 transitory stage. These findings support the opinion of Pignatti et al. (2013) concerning the
354 results of statistical clustering. They proposed that hyperphagia and allied maladaptive eating
355 behaviors belong to a statistical cluster distinct from other clusters that include compulsive
356 symptoms and destructive behaviors. In demonstrating greater maladaptive behaviors in
357 individuals with the most severe level of sensory processing impairment, this study
358 strengthens the perspective that the problem behaviors of PWS include two different groups:
359 food-related problems and non-food-related problems.

360 With regard to an intergenotypic comparison of sensory processing, adults with PWS with
361 mUPD were more severely impaired than were those with DEL in their ability to select and
362 screen out sounds (Auditory Filtering). Intergenotypic differences were also noted in ASD-
363 like and aberrant behaviors; adults with PWS with mUPD were more severely impaired than
364 were those with DEL (Ishi et al., 2017; Ogata et al., 2014). The possibility that overwhelming
365 of the auditory senses due to impaired filtering ability may cause maladaptive behaviors has
366 been suggested in various neurodevelopmental disorders, including ASD (Baranek et al.,
367 2002; Ben-Sasson et al., 2007; Lane, Young, Baker, & Angley, 2010; Lane, Reynolds, &
368 Dumenci, 2012) and Down syndrome (Will et al., 2019), but not in PWS. Further research is
369 needed to address whether impaired auditory filtering may lead to maladaptive behaviors in
370 individuals with PWS, and whether this is more profound in those with the mUPD subtype.
371 Moreover, the factors underlying the reversal of the FRPQ results of adults with mUPD and
372 DEL with regard to food-related problem behaviors (i.e., such behaviors were less prevalent
373 in adults with mUPD than in their DEL counterparts) remain unresolved. Although the
374 aforementioned uniqueness of food-related problem behaviors has been considered, severe
375 impairments in auditory filtering in adults with PWS with mUPD merit further study since

376 the severity of auditory filtering impairments were in marked contrast with less severe
377 impairments in food-related problem behaviors.

378 The results of this study highlight the significance of proper evaluation of sensory
379 processing in adults with PWS, as the majority of adults with PWS in this study exhibited
380 sensory processing impairments. Additionally, groups with higher rates of impairment were
381 found to have increased ASD-like and aberrant behaviors. Such sensory processing
382 impairments can be detected in daily life settings, such as the SSP, but not via laboratory-
383 based neurophysiological examinations. This was suggested by Priano et al. (2009), who
384 found that electroneurographic examination, sympathetic skin response, and somatosensory
385 evoked potentials were all within normal ranges in adults with PWS. Therefore, there is an
386 urgent need for a comprehensive assessment focusing on sensory processing in the real-world
387 context by means of standardized scales like the SSP-J. This is particularly true for adults
388 with PWS with mUPD. Ample evidence has demonstrated that individuals with the mUPD
389 subtype are at higher risk of having ASD-like social impairments (Ogata et al., 2014). Further
390 research is needed to investigate the possibility that ASD-like social impairment in
391 individuals with mUPD is reflective of a lower degree of auditory filtering.

392 From a practical point of view, this study implies the importance of early detection of
393 sensory processing for early intervention in individuals with PWS. Alkhamra and Abu-
394 Dahab. (2020) have suggested that early detection and intervention in terms of sensory
395 processing impairment may assist in reducing the risk of neurobehavioral problems, including
396 social-emotional problems, in children with hearing impairments. Equally helpful may be the
397 early assessment of sensory processing in individuals with PWS. Indeed, caregivers of
398 individuals with PWS tend to be concerned about conspicuous behavioral problems like
399 temper tantrums, compulsion, and autism-like behaviors. However, such behaviors could be
400 predicted in advance if the level of sensory processing were thoroughly examined. Therefore,

401 an early assessment followed by a proper intervention plan in terms of sensory processing
402 would reduce the risk of autism-like and aberrant behaviors and enhance overall functioning
403 of individuals with PWS.

404 The current study has several methodological limitations. First, as this study focused
405 on a rare genetic disorder, the sample size was small. In addition, a large difference in the
406 number of participants existed between the two genotype groups: 41 patients with DEL and
407 10 patients with mUPD. Moreover, the sample consisted of patients with a large age range,
408 between 17 and 48 years of age. Therefore, the power is limited, inevitably resulting in an
409 inflation of type I error rates. Second, this study was cross-sectional rather than longitudinal.
410 Hence, behavioral variables were not studied over time. To examine the potential causal
411 relationship between sensory processing and other behaviors in more detail, longitudinal
412 studies are needed to track the same cohort for a certain period. Third, the extent of
413 comorbidities and medication use in individuals with PWS should be considered when
414 examining the influence of sensory processing impairment on the level of ASD-like and
415 aberrant behaviors, as these can have effects on sensory processing. Finally, the fact that the
416 most profound impairment was in the Low Energy/Weak subsection warrants further
417 investigation. Indeed, neonatal hypotonia is one of the main clinical features of PWS.
418 Although the study sample was adults, rather than children, with PWS, hypotonia may have
419 affected the severity of the Low Energy/Weak subsection. From the above, any conclusions
420 regarding the relationship of sensory processing with ASD-like and other behaviors should be
421 treated with caution. Future research with larger samples and collection of more detailed
422 patient background is needed to investigate the relevance of sensory processing and
423 behavioral disorders in individuals with PWS.

424 Our findings suggest that the level of sensory processing may predict ASD-like and
425 aberrant behaviors in adults with PWS. Auditory filtering of adults with PWS with mUPD

426 was more severely impaired than that of adults with PWS with DEL. The results of this study
427 highlight the significance of early assessment followed by a proper intervention plan in terms
428 of sensory processing in adults with PWS.

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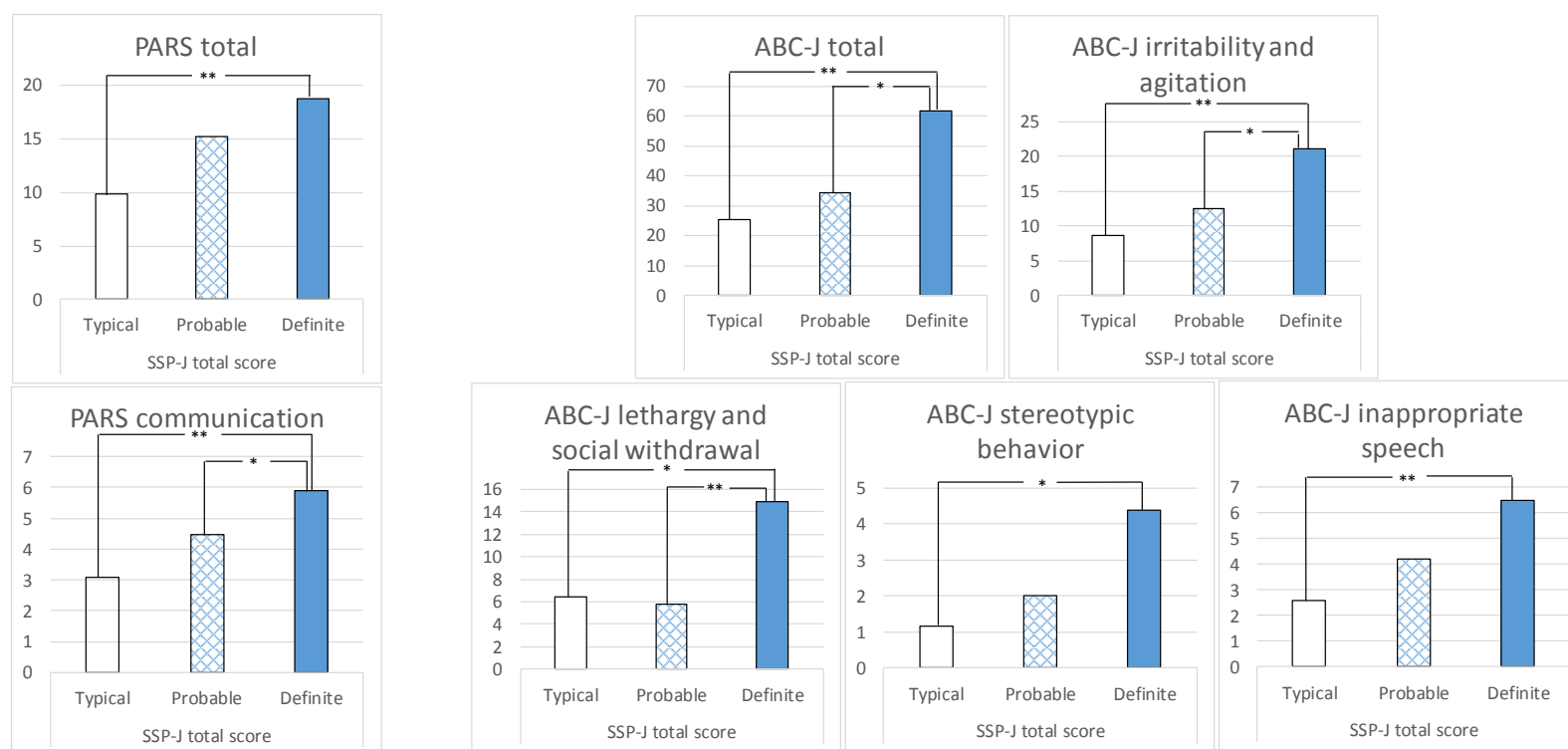
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Figure 1. Effects of the sensory profile of Prader-Willi Syndrome on the total and communication scores of PARS, and the total, irritability and agitation, lethargy and social withdrawal, stereotypic behavior, and inappropriate speech scores of the ABC - J. Horizontal lines above the bars indicate significant differences between groups (* $p < .05$; ** $p < .01$).



SENSORY PROCESSING IN PWS

1 Table 1

2 *Performance Classification of the SSP-J Subsections in total 51 participants with PWS*

	SSP-J Categories		
	Typical N(%)	Probable N(%)	Definite N(%)
SSP-J total	12(23.5%)	21(41.2%)	18(35.3%)
SSP-J tactile sensitivity	17(33.3%)	30(58.8%)	4(7.8%)
SSP-J taste/smell sensitivity	37(72.5%)	14(27.5%)	0(0%)
SSP-J movement sensitivity	19(37.3%)	18(35.3%)	14(27.5%)
SSP-J underresponsive sensitivity	17(33.3%)	26(51.0%)	8(15.7%)
SSP-J auditory filtering	31(60.8%)	16(31.4%)	4(7.8%)
SSP-J low energy/weak	7(13.7%)	22(43.1%)	22(43.1%)
SSP-J visual/auditory sensitivity	38(74.5%)	8(15.7%)	5(9.8%)

3 *Note.* Typical, Probable, and Definite are the three categories participants were assigned to based on the standardized z-scores of the total SSP-J score,

4 corresponding to z-scores above -1.00, between -1.00 and -2.00, and below -2.00, respectively. SSP-J = Short Sensory Profile, Japanese version.

5

SENSORY PROCESSING IN PWS

6 Table 2

7 *Patient Characteristics in the Three Performance Groups*

	Total	SSP-J categories		
		Typical	Probable	Definite
Number	51	12(23.5%)	21(41.2%)	18(35.3%)
DEL/mUPD	41/10	10/2	19/2	12/6
Male/Female	31/20	6/6	14/7	11/7
Mean age	24.98	23.17	26.19	24.78
Age range	17-48	17-31	18-46	17-48
Mean BMI	32.54	29.57	33.69	33.19
BMI range	16.10-72.23	16.10-47.46	17.29-72.23	19.17-58.12
IQ mean(N)	48.45(42)	46.80(10)	47.06(18)	51.43(14)
IQ range	39-76	39-53	39-62	39-76

8 *Note.* Typical, Probable, and Definite are the three categories participants were assigned to based on the standardized z-scores of the total SSP-J score,

9 corresponding to z-scores above -1.00, between -1.00 and -2.00, and below -2.00, respectively. SSP-J = Short Sensory Profile, Japanese version; DEL =

SENSORY PROCESSING IN PWS

10 paternal deletion; mUPD = maternal uniparental disomy; BMI = body mass index.

11

SENSORY PROCESSING IN PWS

12 Table 3

13 *BMI, IQ, PARS, ABC-J, and FRPQ Scores and the Results of One-Way ANOVA Using the SSP-J Categories*

	Total	SSP-J categories			ANOVA interaction	
		Typical	Probable	Definite	<i>F</i>	<i>P</i>
BMI	32.54 ± 12.141	29.57 ± 9.123	33.69 ± 14.710	33.19 ± 10.808	0.469	0.628
FIQ	48.45 ± 7.967	46.80 ± 4.517	47.06 ± 5.578	51.43 ± 11.447	1.505	0.235
VIQ	55.76 ± 6.760	54.90 ± 2.923	54.22 ± 5.320	58.36 ± 9.492	1.628	0.209
PIQ	49.26 ± 8.302	47.20 ± 5.514	48.17 ± 5.044	52.14 ± 12.215	1.329	0.276
PARS total	15.20 ± 7.699	9.83 ± 5.875	15.19 ± 6.439	18.78 ± 8.328	5.789	0.006**
PARS interpersonal skills	2.65 ± 2.528	1.42 ± 0.996	2.62 ± 2.711	3.50 ± 2.771	2.603	0.084
PARS communication	4.65 ± 2.018	3.08 ± 1.505	4.48 ± 2.015	5.89 ± 1.530	9.492	0.000**
PARS obsession	2.61 ± 1.733	1.75 ± 1.485	3.05 ± 1.658	2.67 ± 1.847	2.266	0.115
PARS problematic behaviors	4.31 ± 3.513	3.00 ± 3.542	4.00 ± 2.588	5.56 ± 4.162	2.141	0.129
PARS hypersensitivity	0.98 ± 0.787	0.58 ± 0.793	1.05 ± 0.740	1.17 ± 0.786	2.209	0.121
ABC-J total	41.86 ± 34.299	25.33 ± 29.809	34.48 ± 33.271	61.50 ± 30.237	5.748	0.006**

SENSORY PROCESSING IN PWS

ABC-J irritability and agitation	14.59 ± 10.980	8.67 ± 7.644	12.43 ± 11.733	21.06 ± 8.947	6.416	0.003**
ABC-J lethargy and social withdrawal	9.16 ± 9.739	6.42 ± 13.007	5.76 ± 6.147	14.94 ± 8.370	5.894	0.005**
ABC-J stereotypic behavior	2.65 ± 3.632	1.17 ± 2.725	2.00 ± 2.864	4.39 ± 4.368	3.777	0.030*
ABC-J hyperactivity and	10.82 ± 10.514	6.42 ± 7.179	10.10 ± 12.173	14.61 ± 9.375	2.400	0.102
ABC-J inappropriate speech	4.63 ± 3.340	2.58 ± 2.193	4.19 ± 3.156	6.50 ± 3.330	6.387	0.003**
FRPQ total	39.35 ± 14.802	44.58 ± 9.337	41.33 ± 12.978	33.56 ± 18.170	2.452	0.097
FRPQ-P	9.67 ± 4.462	10.50 ± 5.351	10.33 ± 4.078	8.33 ± 4.187	1.260	0.293
FRPQ-S	17.39 ± 5.437	20.17 ± 2.657	17.62 ± 4.177	15.28 ± 7.185	3.201	0.050
FRPQ-N	12.22 ± 6.813	13.92 ± 5.418	13.19 ± 6.194	9.94 ± 7.981	1.629	0.207

14 *Note.* Typical, Probable, and Definite are the three categories participants were assigned to based on the standardized z-scores of the total SSP-J score,
 15 corresponding to z-scores above -1.00, between -1.00 and -2.00, and below -2.00, respectively. SSP-J = Short Sensory Profile, Japanese version; BMI =
 16 body mass index; FIQ = Full Scale Intelligence Quotient; VIQ = Verbal Intelligence Quotient; PIQ = Performance Intelligence Quotient; PARS =
 17 Pervasive Developmental Disorders Autism Society Japan Rating Scale; ABC-J = Aberrant Behavior Checklist, Japanese version; FRPQ = Food-Related
 18 Problem Questionnaire; FRPQ-P = Food-Related Problem Questionnaire – preoccupation with food; FRPQ-S = Food-Related Problem Questionnaire
 19 – impairment of satiety; FRPQ-N = Food-Related Problem Questionnaire – other food-related negative behaviors.

SENSORY PROCESSING IN PWS

20 * $p < .05$. ** $p < .01$

21

SENSORY PROCESSING IN PWS

22 Table 4

23 *SSP-J, PARS, ABC-J, and FRPQ Scores in the Groups and Comparison of the Two Genotypes*

	Genotype				<u>P-value</u>
	DEL, N=41		mUPD, N=10		
	Median	Q1;Q3	Median	Q1;Q3	
SSP-J total	64	53.5;80.5	83	55.75;94.75	0.138
SSP-J tactile sensitivity	11	8.5;13.5	15	8.5;20.5	0.125
SSP-J taste/smell sensitivity	4	4;4.5	4	4;6	0.257
SSP-J movement sensitivity	6	3;9	7	3.75;9.25	0.657
SSP-J underresponsive	10	7;14	12	8.75;17.25	0.148
SSP-J auditory filtering	9	7;12	12	9.75;15	0.041*
SSP-J low energy/weak	17	12;23	19	15.75;24.75	0.468
SSP-J visual/auditory	6	5;7	7	6;10.75	0.071
PARS	12	9;17.5	21	18.5;26.5	0.002**
PARS interpersonal skills	1	1;3	4	2;7.25	0.013*
PARS communication	4	3;5	6	4;8	0.048*

SENSORY PROCESSING IN PWS

PARS obsession	2	1;3.5	3.5	2;4.25	0.108
PARS problematic behaviors	2	1.5;5	7.5	5.75;8.75	0.004**
PARS hypersensitivity	1	0.5;1	1	0;2	0.856
ABC-J total	25	10.5;48.5	82.5	42.75;113	0.002**
ABC-J irritability and agitation	11	5;17	25.5	14.75;35.25	0.011*
ABC-J lethargy and social	4	1;10	19.5	11;26	0.000**
ABC-J stereotypic behavior	0	0;2.5	8	1;9.5	0.001**
ABC-J hyperactivity and	6	2;13	20	9.5;26.5	0.001**
ABC-J inappropriate speech	4	1;6.5	6	4.75;9.5	0.046*
FRPQ total	45	32.5;51	26	12;42.25	0.030*
FRPQ-P	12	7.5;13	6	2;10.75	0.049*
FRPQ-S	19	16;21	15	7.75;20	0.091
FRPQ-N	14	9;17.5	7.5	1.5;12.75	0.018*

24 *Note.* Typical, Probable, and Definite are the three categories participants were assigned to based on the standardized z-scores of the total SSP-J score,
 25 corresponding to z-scores above -1.00, between -1.00 and -2.00, and below -2.00, respectively. SSP-J = Short Sensory Profile, Japanese version; DEL =
 26 paternal deletion; mUPD = maternal uniparental disomy; PARS = Pervasive Developmental Disorders Autism Society Japan Rating Scale; ABC-J =

SENSORY PROCESSING IN PWS

- 27 Aberrant Behavior Checklist, Japanese version; FRPQ = Food-Related Problem Questionnaire; FRPQ-P = Food-Related Problem Questionnaire –
- 28 preoccupation with food; FRPQ-S = Food-Related Problem Questionnaire – impairment of satiety; FRPQ-N = Food-Related Problem Questionnaire –
- 29 other food-related negative behaviors.
- 30 * $p < .05$. ** $p < .01$