

1 Table 2. Demographic data of enrolled subjects

Age (years)	Gender	Number of subjects	Height (cm) Mean $\pm$ SD	Weight (kg) Mean $\pm$ SD	BMI (kg/m <sup>2</sup> ) Mean $\pm$ SD
Male	50-59	40	171.8 $\pm$ 5.5	65.8 $\pm$ 8.7	22.3 $\pm$ 2.6
	60-69	40	166.4 $\pm$ 4.3	67.0 $\pm$ 8.0	24.2 $\pm$ 2.9
	70-79	34	162.9 $\pm$ 5.4	60.0 $\pm$ 8.6	22.5 $\pm$ 2.5
	80-89	36	160.2 $\pm$ 5.5	58.7 $\pm$ 7.5	22.8 $\pm$ 2.6
Female	50-59	41	158.2 $\pm$ 5.2	55.6 $\pm$ 8.7	22.3 $\pm$ 3.8
	60-69	51	152.4 $\pm$ 5.5	52.4 $\pm$ 7.4	22.5 $\pm$ 2.6
	70-79	44	149.8 $\pm$ 5.7	50.8 $\pm$ 7.7	22.6 $\pm$ 3.0
	80-89	32	144.3 $\pm$ 5.7	48.2 $\pm$ 8.4	23.1 $\pm$ 3.6
Total		318	158.2 $\pm$ 9.9	57.2 $\pm$ 10.3	22.8 $\pm$ 3.0

2 BMI, body mass index

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